

PROGRAM BOOK

JULY 14-16,
WASHINGTON, DC

2022

Chinese American Convention & UCA National Youth Convention

美国华人大会暨UCA全国青年大会

UCA

Building a Civically Engaged Community



**美国华人大会
Chinese
American
Convention**



**UCA 全国青年大会
National
Youth
Convention**

Omni Shoreham Hotel
L2500 Calvert St NW, Washington, DC 20008

July 14-16, 2022

UNITED CHINESE AMERICANS
美国华人联合会

<https://ucausa.org>
info@ucausa.org





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CONVENTION AGENDAS

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● Pre-gala reception & Live Auction ● Luncheon & Keynote ● College Student Networking ● Gala Dinner & Awards Ceremony



Welcome to the 2022 UCA Chinese American Convention and its Inaugural National Youth Convention!

It has been a heck of a time in the four years since our last convention. These last four years have been unprecedented in the recent history of the Chinese American community. Not only have we experienced the historic natural disaster of the COVID pandemic, but also equally historic man-made disasters like the wave of anti-Asian hate crimes, and the widespread unfair and unjust prosecutions of many professors and researchers of Chinese descent by our own government.

At this moment in history, United Chinese Americans (UCA) and thousands of its supporters and partner organizations have come together and stepped up to mobilize for our community like never before. From creating the nationwide "Food of Love" food drive for people in need during the pandemic to spearheading the various GOFUNDME campaigns to help the defense of those unjustly prosecuted, to organizing and training our next generation on a national scale, UCA has always been on the frontlines—giving our best to the country and fighting for your future. As we deal with these issues, we have therefore grown stronger and more united as a community.

This convention is a great opportunity for us to celebrate our accomplishments, to learn new ideas from each other, and to make some new friends. Through this convention, we will redouble our commitment to build a better and stronger Chinese American community together with you, as we continue our struggle for a more perfect Union for all Americans.

We warmly welcome you to the UCA convention and hope you will have a great time in Washington DC!



Jinliang Cai

Chairman of the Board
United Chinese Americans (UCA)

A handwritten signature in black ink, appearing to read 'Jinliang Cai'.



Haipei Shue

President
United Chinese Americans (UCA)

A handwritten signature in black ink, appearing to read 'Haipei Shue'.

Convention Structure

Haipei Shue: UCA President
Jian (Lily) Chen: Convention General Manager
Fulton Jia Xing Hou: Convention Assistant Manager
Hong Qi: Youth Convention Manager
Youth Council: Youth Convention Assistant

Steering Committee: Haipei Shue, Lily Chen, Hong Qi, Jinliang Cai, Yinong Shen, Gene Chang, Gary Yu, Mingtao Jiang, Hardy Li and Shirley Ma

Logistics Committee: Shirley Ma & Karina Hou (Co-chairs), Vicki Cheng, Qiwei Sun, Wei Gan and Xiaoming Dong

Fundraising Committee: Hardy Li & Gene Chang (Co-chairs), Linda Bi, Qing Liao, Joanne Wang, Alec Wang, Xiaojie Zvon and Bing Zhang

Outreach Committee: Mingtao Jiang (Chair), Bing Zhang, Chen Zhou, Steven Lin, Jian Xie and many more

Communication Committee: Gary Yu (Chair), Juan Zhang, Changfu Chang, Annie Wang, Wen Yuan

Program Committee: Haipei Shue (Acting Chair)

Convention Plenary & Breakout Sessions: Haipei Shue (Chair), Paul Li, Hong Qi, Laura Liu, Jinliang Cai, Xiaohong Gao

Youth Convention: Hong Qi (Chair), Laura Liu, Fulton Hou, Hong Qiu and the Youth Leadership Council

WAVES Mental Health Track: Lily Chen (Chair), Jessie Li, Allison Connelly, Xiaohong Gao, Sonya Zhu, Jennifer Tu, Lucy Lei, Sen Xu, Juliana Chen & Weiyang Xie

Community Showcase: Fulton Hou (Chair), Lily Chen

AAPI Youth Organizations Showcase: Hong Qi (Chair), Fulton, Hong Qiu

Congressional Visits & Receptions: Monica He (Chair), Logistics: Karina Hou; Advocacy & Training: Helen Shih

Congressional Office Lead: Yilin Zhang; Legislative Advisor: Aryani Ong; Senior UCA Directors: Haipei Shue, Steven Pei

Gala and Award Dinner: Karina Hou & Fulton Hou (Co-chairs), Chen Zhou, Rebecca Wang

Welcome Receptions: Shirley Ma & Lily Chen (Co-chairs)

Convention Evening Programs: Mingtao Jiang, Bing Zhang, Jinliang Cai, Yingchao Zhang

Award Committee: Gene Chang (Chair), Jing Bi (Secretary), Jinliang Cai*, Jian (Lily) Chen, Diana Ding, Xiaoming Dong*, Shuiwen Song James*, Mintao Jiang, Tao Jiang, Steven Lin*, Steven Pei*, Haipei Shue*, Wai-Yin Tsang, Sophia Wen, Jan Xie*, Mingdi Yang, Gary Yu*, Bing Zhang and Xiao Yan Zhang* (names with "*" are UCA board members)

DC Welcome Committee: Karina Hou (Chair), Simon Luo, Aiden Chan, Binno Chan, Dragon Cai, Yina Ma, Leah Li, Aaron Fan, Allison Winston, Olivia Zhang, Avery Wan, Jessica Liang, Tony Jia, Gary Liu, Yan Zheng Hua

Finance Committee: Yinong Shen (Chair), Ray Liang, Shirley Ma

Congressional Day

THU JULY 14, 2022
WASHINGTON, DC

Training Session Congressional Visit

1:00-3:00 PM Empire Room Session Chair: **Monica He**
4:00-6:00 PM Capitol Hill, DC

The UCA Congressional Delegation will meet with Members of Congress to hold robust dialogues on a broad set of social and political issues affecting our community. This year, as our nation emerges from the COVID-19 pandemic, the issue of anti-Asian hate crimes as well as the deteriorating U.S.-China relationship are top-of-mind concerns for UCA and the Congressional Delegation. We will encourage our legislators to leverage UCA as a partner and resource as we work together to address these critical issues facing our community and our nation, and as we lead a way forward.



Helen Shih
Advocacy consultant and
Vision-Mission coach, former
UCA board member



Aryani Ong
American civil rights
attorney, community leader,
activist



Yiling Zhang
Political strategist, DC
Statehood advocate, health
care executive

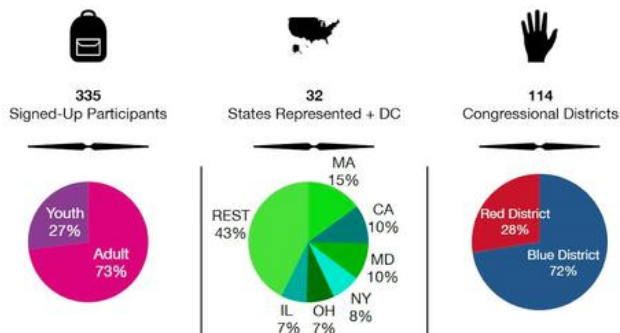


Steven Pei
At-Large UCA board
member, the Chair of UCA
Governance Committee



Fulton Jia Xing Hou
Convention assistant
manager

2022 UCA Congressional Delegation By-the-numbers





UCA COMMUNITY FUND (UCACF)



Fund Our Community Like An Angel

UCACF works like an “angel investor” to fund charity projects. UCACF provides micro grant (\$500–\$5,000) to fund grassroots charity projects sponsored by local Chinese American community organizations.

The purpose of a recipient project should be aligned with UCA’s mission. It should have the potential to create significant social impact.

The application process is simple and fast. All applications will be reviewed by a review committee once a month. If you are interested in joining us or donating, please write to us: ucacommunityfund@gmail.com

**JOIN US TODAY TO
DONATE LIKE AN ANGEL**

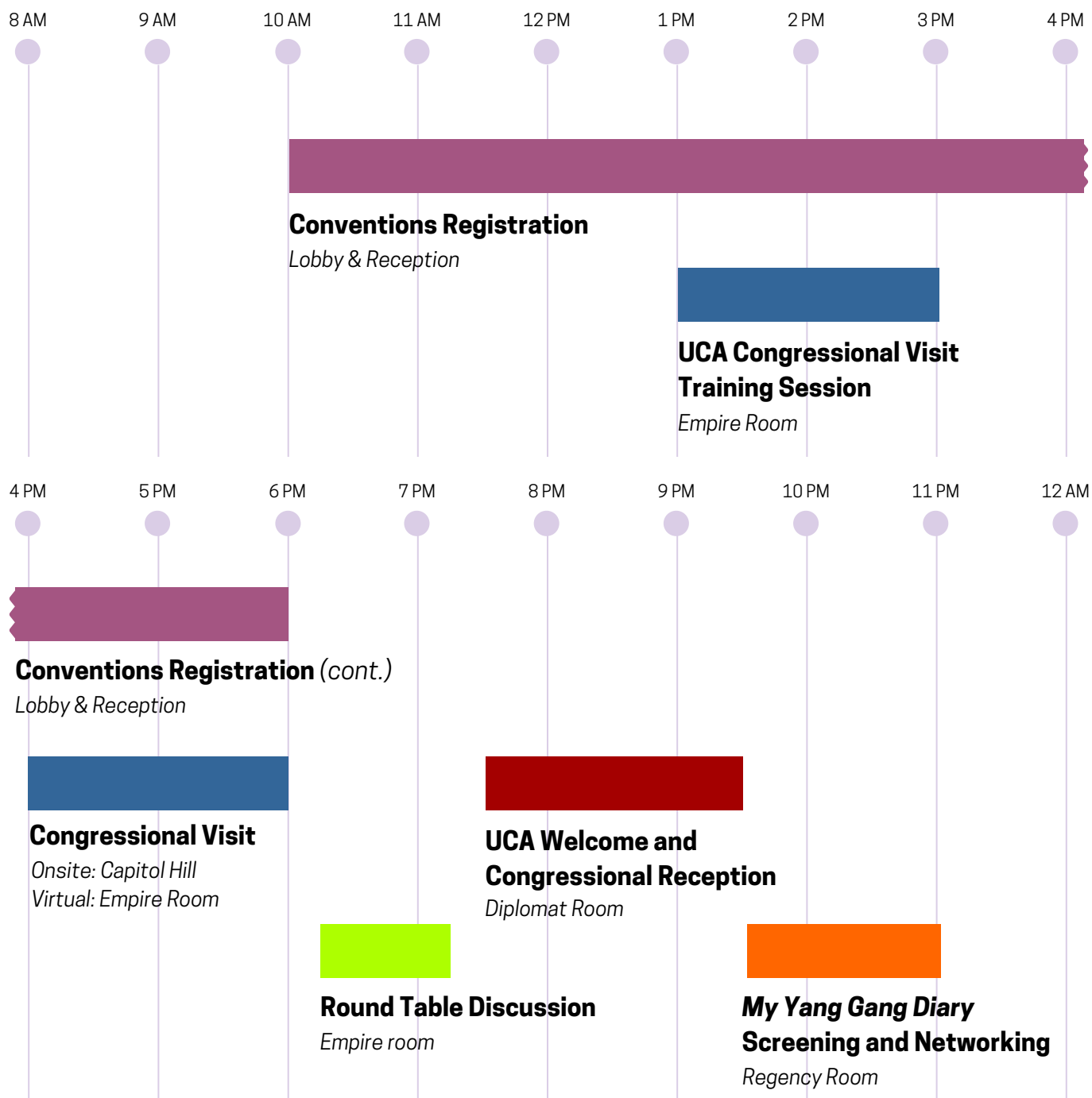
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AGENDA

Thursday
JULY 14 2022

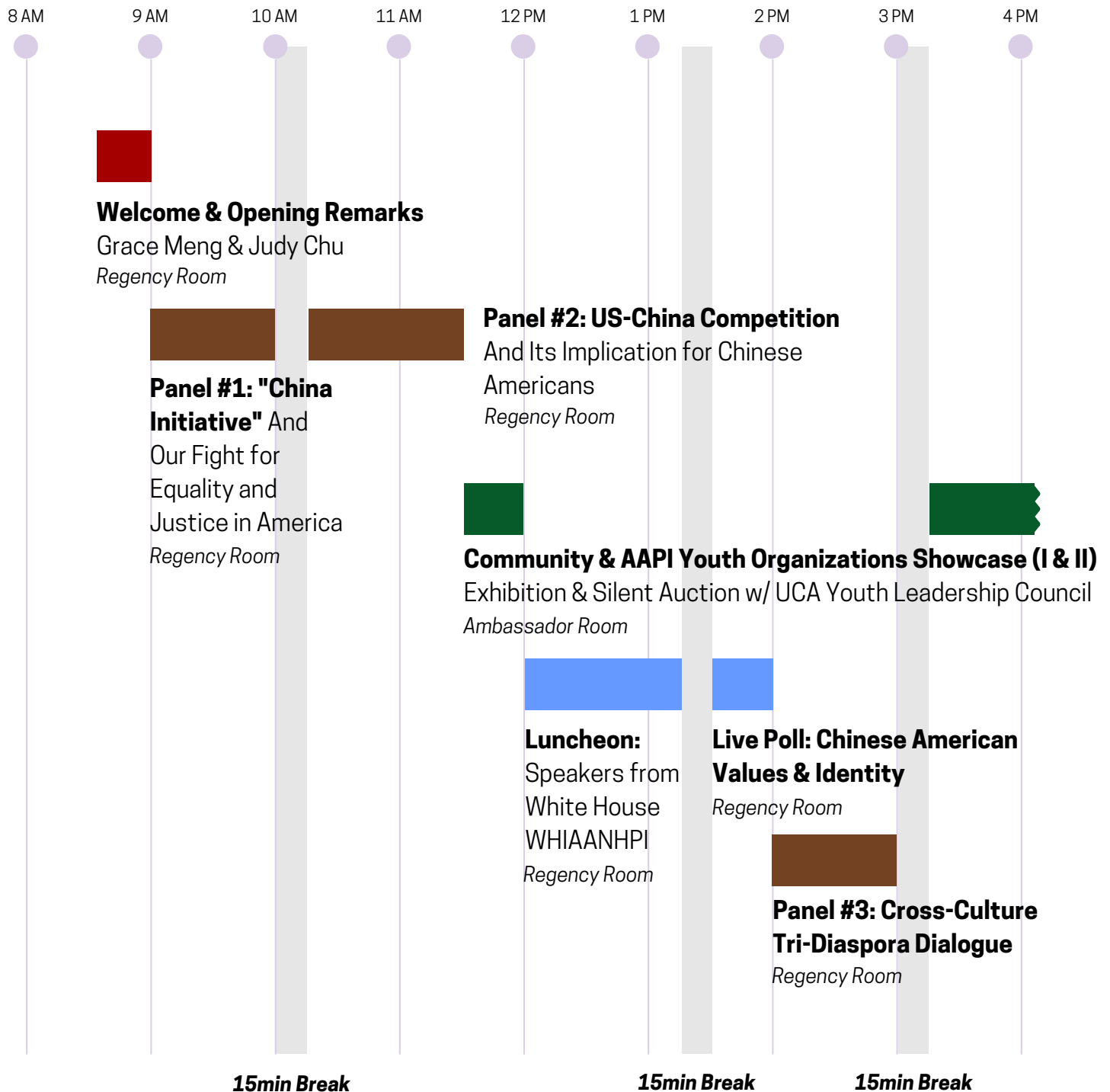
UCA CONVENTION & YOUTH CONVENTION

All locations at Omni Shoreham Hotel unless otherwise noted.



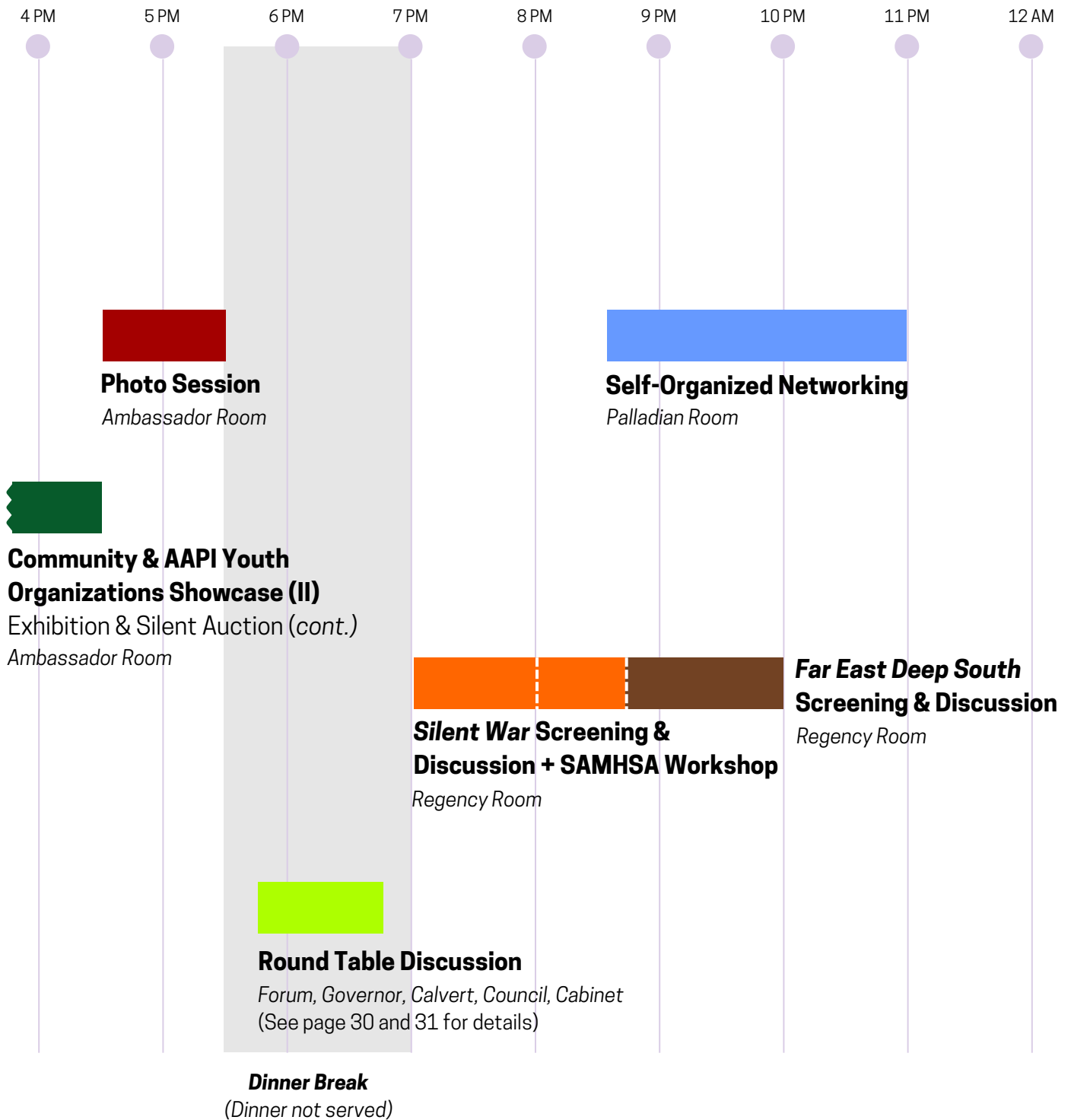
Friday

JULY 15 2022



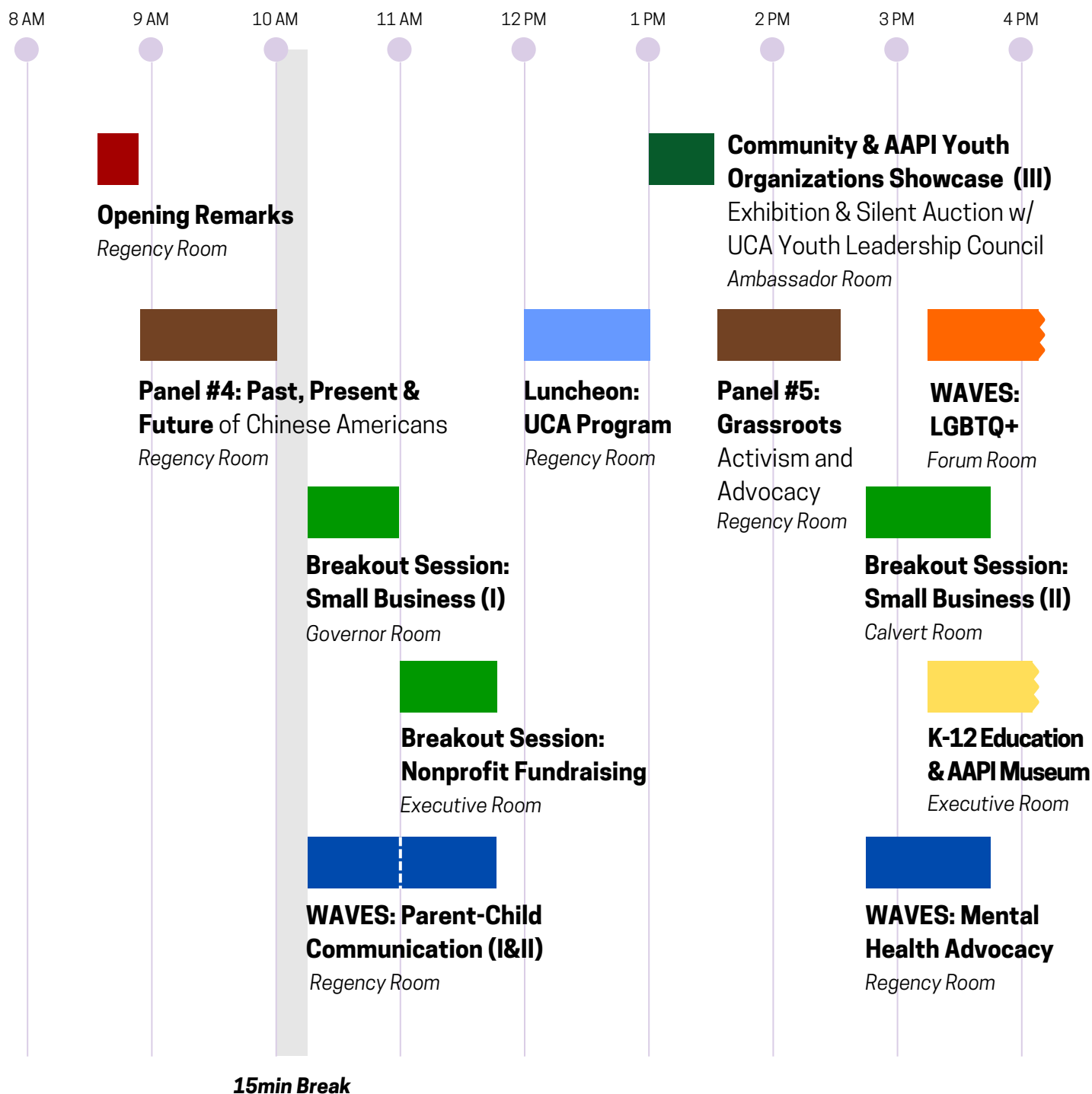
UCA CONVENTION & YOUTH CONVENTION

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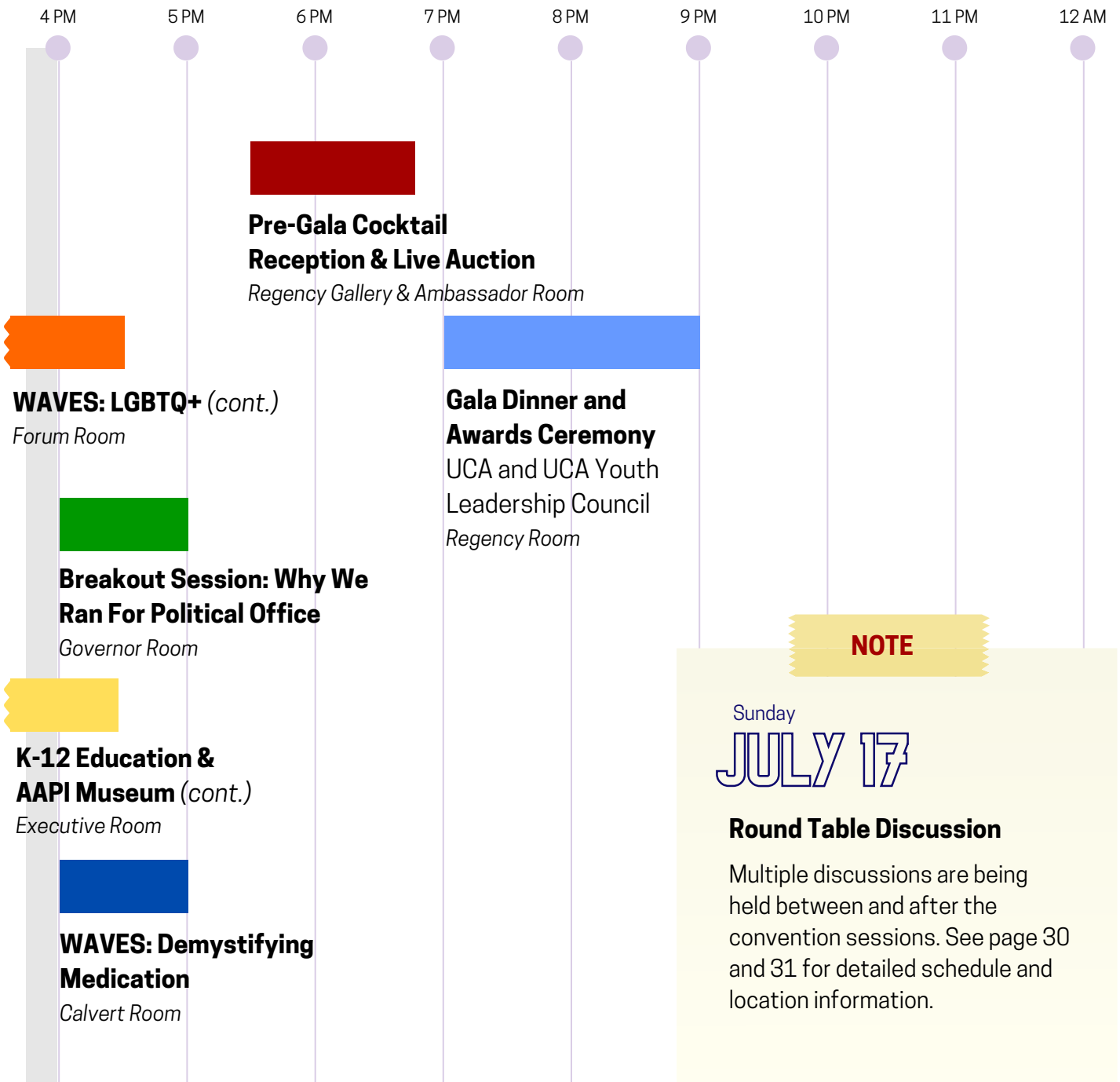


Saturday

JULY 16 2022



All locations at Omni Shoreham Hotel unless otherwise noted.



15min Break



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美华商联



CONTACT: : Leo Huang (858) 335-2832 leohuang@ucbpartners.com

UCA Welcome & Congressional Reception

7:30-9:30 PM
Thu July 14, 2022
Diplomat Room

Session Chairs: **Shirley Ma,**
Lily Chen

We welcome all UCA 2022 Convention Participants to join us for an evening of introductions and mingling. The UCA Welcome & Congressional Reception will pay tribute to the Chinese-American and Asian-American Communities, and celebrate our unity along with our contributions to American culture and society.

Agenda:

- Welcoming Remarks: UCA President Haipei Shue
- Additional Brief Remarks by Congressional and Community Leaders
- Introduction of 2022 UCA Convention Sponsors



Haipei Shue
President, United Chinese Americans

Friday Opening Remarks

8:30-9:00 AM
Fri July 15, 2022
Regency Room

Session Chair: **Haipei Shue**

Welcome to the 2022 UCA Chinese American Convention and its Inaugural National Youth Convention!



Grace Meng
US Representative, NY



Judy Chu
US Representative, CA

PLANETARY SESSIONS

Panel #1: "China Initiative" And Our Fight for Equality and Justice in America

9:00-10:00 AM
Fri July 15, 2022
Regency Room

Session Chair: **Sherry Chen**

We will hear from a wide range of speakers on the impact and ripple effects of the DOJ's China Initiative and the potential implications on Chinese American civil rights. We will hear from legal experts as well as from Prof. Anming Hu of the University of Tennessee, Knoxville, the first academic to stand trial under the China Initiative, and his team. After the trial, the jury deadlocked, the judge declared a mistrial, and ultimately issued a full acquittal on the basis that the government failed to meet its evidentiary burden. This panel will discuss the case and what it revealed about the U.S. government's China Initiative, public anti-China sentiment, and the challenges facing the Chinese American community.



Gisela Perez Kusakawa
Moderator
Staff Attorney, Asian Americans Advancing Justice



Wendy Chandler
Juror



Anming Hu
Associate Professor,
University of Tennessee at Knoxville



Melba Harmon
Juror



Philip Lomonaco
Attorney representing Prof. Hu

Panel #2: US-China Competition & Its Implication for Chinese Americans

10:15-11:30 AM
Fri July 15, 2022
Regency Room

Session Chair: **Fan Min**

In this special panel, we will hear from four leaders who are all actively engaged in promoting peace and collaboration between the U.S. and China, their thoughts on how the future trajectory of U.S.-China relations will impact the lives of Chinese Americans, and their thoughts on how we can help shape it for the better.



Min Fan
Moderator
Executive Director, US Heartland China Association



Trita Parsi
Executive Vice President
Quincy Institute for Responsible Statecraft



Craig Allen
President, US-China Business Council



Judge Julie M. Tang
Co-founder, Pivot to Peace



Jonathan Lowet
Deputy Vice President,
Programs, National Committee
on U.S.-China Relations

Friday Luncheon: Speakers from White House WHIAANHPI

12:00-1:15 PM

Session Chair: **Laura Liu**

Fri July 15, 2022

Regency Room



Krystal Ka'ai
Executive Director of the
WHIAANHPI



Erika L. Moritsugu
Deputy Assistant to the
President and AAPI Senior
Liaison

Panel #3: Cross-Culture Tri-Diaspora Dialogue

2:00-3:00 PM

Session Chair: **Xiaoyan Zhang**

Fri July 15, 2022

Regency Room

How do the Indian American community and the Jewish community or diaspora preserve, adapt, and renew their culture, values and identity in comparison with the Chinese American community? How do their practices differ from the Chinese practices? What can we learn from them? Could we develop common strategies together in a multi-ethnic democracy like ours?



David Bernstein
Founder of the Jewish
Institute for Liberal Values;
Former President, JCPA



Xiaoyan Zhang
UCA National Board
Member, Entrepreneur,
Activist



Paul Li
At-Large UCA Board
Member; Founder, Calvin J Li
Memorial Foundation



Speaker
From Hindu American
Foundation



Haipei Shue
Moderator
President of UCA

Panel #4: Past, Present, and Future of Chinese Americans

8:50-10:00 PM

Session Chair: **Steven Feng Zhu**

Sat July 16, 2022

Regency Room

Chinese immigrants first flocked to the United States in the 1850s, eager to escape the economic chaos in China and to try their luck at the California gold rush. Today, Chinese Americans make up the largest Asian population in the U.S., totalling 2.5 million, of which more than half are recent immigrants from China. This panel will discuss the various generations of Chinese Americans and their struggle for recognition and equality, and how to realize their vision for a strong, confident, and civically-engaged Chinese American community.



Steven Feng Zhu
Session Chair
Co-Chair, Secretary General,
Pennsylvania United Chinese
Coalition



Ted Gong
Executive Director 1882
Foundation; President,
Chinese American Citizen
Alliance - DC Chapter



Sujiu Zhang
Founder, Honorary
President. RCAO



Chiling Tong
CEO National ACE
Founder International
Leadership Foundation



Hua Wang
Division Associate Head at
Boston University



Henry Yu
Chairman, National U.S.
Hong Kong Business
Association

Saturday Luncheon: Introducing UCA Programs & Milestones

12:00-1:30 PM

Session Chair: **Haipei Shue**

Sat July 16, 2022

Regency Room

This presentation showcases past and current programs in UCA and highlights some key milestones since its foundation, especially since last Chinese American Convention in 2018. During pandemic years, UCA adapted to both online and offline activism, education, and seminars to always stay relevant to the current community interest.



Shirley Ma
Secretary of Board, UCA



Ray Liang
Former Treasurer, Board
Member, UCA



Yihong Shen
Treasurer, Chair of Finance
Committee and Vice Chair of
Governance Committee, UCA



Joey Li
Former Chair of
Communication Committee,
UCA

Panel #5: Grassroots Advocacy & Activism that Have Changed the Chinese American Community

1:30-2:30 PM
Sat July 16, 2022
Regency Room

Session Chair: **Garry Ong**

Chinese American community has been going through a changing and challenging time. Historically not known for social advocacy or political activism, this community has in recent years woken up and starts to chart its own course that will have major impact for its future. Three representatives of rising activism are sharing their experience.



Ying Cao
Founder and President US
WeChat User Alliance
(USWUA)



Michelle Lau, OMD
Chair of American Alliance of
Acupuncture



Kit Lam
SF School Board Recall
Campaign Organizer



Vincent Wang
Moderator
Chair, Ohio Chinese
American Association

SMALL BUSINESS BREAKOUT SESSIONS

SB #1: Federal Opportunities & Contracting

10:15-11:00 AM
Sat July 16, 2022
Governor Room

Session Chair: **John Lee**

A representative from MBDC Department of Commerce will present on programs helping minority businesses nationwide. MBDC's efforts include assistance in financing and business loans, training, teaming and recognition once your business grows successfully. Mr. Yuan has 24 years of firsthand experience working with the SBA and he will present SBA's certification programs, including minority, women, veteran, and disabled veteran businesses.



Wenbin Yuan
Vice President of Wisconsin
Chinese Chamber of
Commerce (WCCC)



Speaker
From DOC MBDC

SB #2: Chinese Business in the American Mainstream

2:45-3:45 PM
Sat July 16, 2022
Calvert Room

Session Chair: **John Lee**

Successfully working with local governments and large corporations requires qualifications and experience. The unique experiences of session speakers Handy Li and Leo Chan in working with government and large corporations give them unique insight into how to best perform in the US mainstream.



Hardy Li
Chairman, CONPAC Group



Leo Chan
Former Board Member,
Chinese Chamber

FUNDRAISING SESSION

Fundraising for Startup/Grassroots Nonprofits

11:00-11:45 AM
Sat July 16, 2022
Executive Room

Session Chair: **Stephanie Sun**

Are you struggling with fundraising for your startup or grassroots nonprofit organizations? Are you suffering from always paying all of the expenses of your organization from you and your volunteer team's pockets? Do you want to strengthen your organization and advance its mission through fundraising but don't know where to start? Do you want to learn from experienced fundraising experts and phenomenal organization leaders? — We prepared this panel for you. — Come to this golden opportunity to discuss your questions and concerns directly with experts and leaders.



Anthony Ng
Executive Director, Civic
Leadership USA (CLUSA)



Iris Zhao
Program Director, Chinese
Friendship Association of
Portland (CFAP), Oregon



Christine Chen
Executive Director, Asian and
Pacific Islander American
Vote (APIAVote)



Kevin Hirono
Director of Operations and
Development, APIAVote

POLITICAL CAMPAIGN SESSION

Why We Ran For Political Office

4:00-5:00 PM Session Chairs: **Haipei Shue**
Sat July 16, 2022
Governor Room
To be determined.

K-12 EDUCATION AND AAPI HISTORY SESSION

AAPI History is American History: Initiative on K-12 Education and a National Museum

3:15-4:30 PM Session Chairs: **Dr. Zhida Song-James, Chen Zhou**
Sat July 16, 2022
Executive Room

Two exciting major initiatives are changing the “perpetual foreigner” bias suffered by generations of Asian Americans, establishing the National AAPI Museum on the National Mall in DC, and teaching AAPI history and contributions in K-12 schools. Advocates involved in both projects share the achievements and ongoing work that will address biases from their roots and update our national identity from the white-black dichotomy to a truly multiethnic and multicultural society.



Chen Zhou
Moderator
Minnesota Chinese
Friendship Garden



Fan Jiao
Distinguished Engineer
Retired; a Founding
Benefactor of 80-20 Initiative



Laura Liu
President of Parents and
Children Education Club
(PCE Club)



Bryan Zhao
High school student



Dr. Yifeng Hu
Associate Professor of
Communication Studies &
AAPI Advocate



Christina Huang
Make Us Visible NJ, MUVN
Youth Coalition

NETWORKING SESSIONS

Self-Organized Networking Party

8:30-11:00 PM Session Chair: **Bing Zhang**
Fri July 15, 2022
Palladian Room

Silent Auction

11:30 AM-12:00 PM Fri July 15 Ambassador Room
3:15-4:30 PM Fri July 15
1:00-1:30 PM Sat July 16, 2022 Session Chair: **Linda Bi**

We hope this activity will link donors and bidders as an opportunity to network, while also benefiting UCA. As the saying goes, “Numerous small streams flow into the mighty ocean”. During these challenging times, we need the financial support and we are sincerely grateful of all of the generous contributions!

Pre-Gala Reception & Live Auction

5:30-6:45 PM
Sat July 16, 2022
Regency Room



Karina Hou
Artist, Musician, and
Educator; Chairman, MIFF



Hardy Li
Chairman, CONPAC Group

Gala & Award Dinner

7:00-9:00 PM
Sat July 16, 2022
Regency Room

Join us in an evening of celebration of this past year as a community. There will be lively performances and award presentations to leaders across the country. It will be a night to remember!



Karina Hou
Artist, Musician, and
Educator; Chairman, MIFF



Fulton Hou
Convention Manager
Assistant



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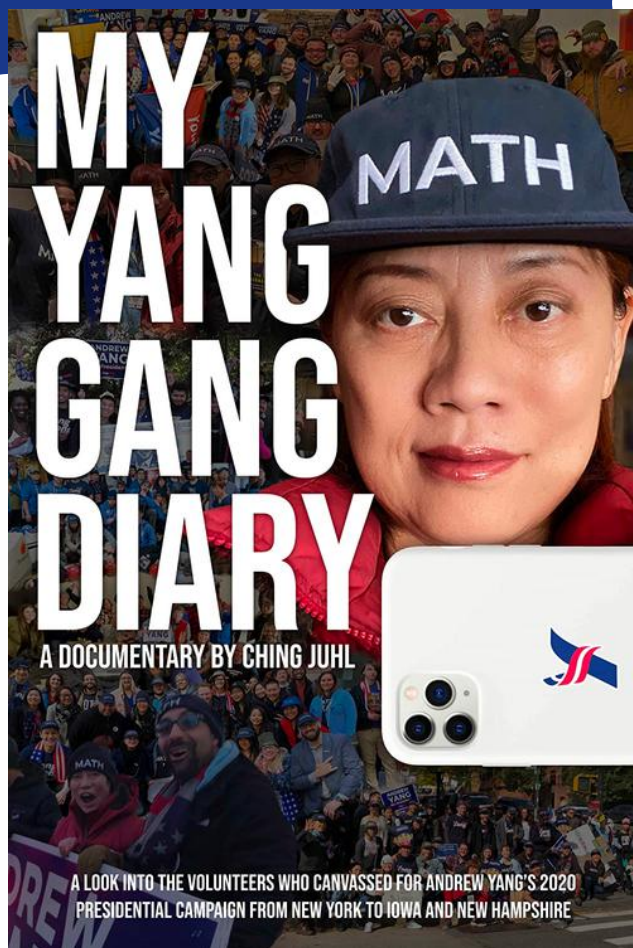


AVAILABLE AT



EXCLUSIVE SCREENINGS

A Community Event! -



Screening: My Yang Gang Diary

9:30-11:00 PM
Thu July 14, 2022
Regency Room

Session Chair: **Mingtao Jiang,**
Linda Li, Bing Zhang

Andrew WHO? Andrew YOUNG? What, \$1000?! Almost everyone was surprised, some ridiculed him, others stood by the sidelines. However, many more readily lent their support to a political novice Andrew Yang and formed a diehard group self named 'Yang Gang'. As they often say, the rest is history! Among thousands of Yang Gang, one documented the movement with her iPhone.



Ching Juhl
Director, Concert violist



Ray Hing



Linda Bi
President, Chicago Expert Importers



Hardy Li
Chairman, CONPAC Group



Mingtao Jiang, PhD
Minnesota Chinese Friendship Garden



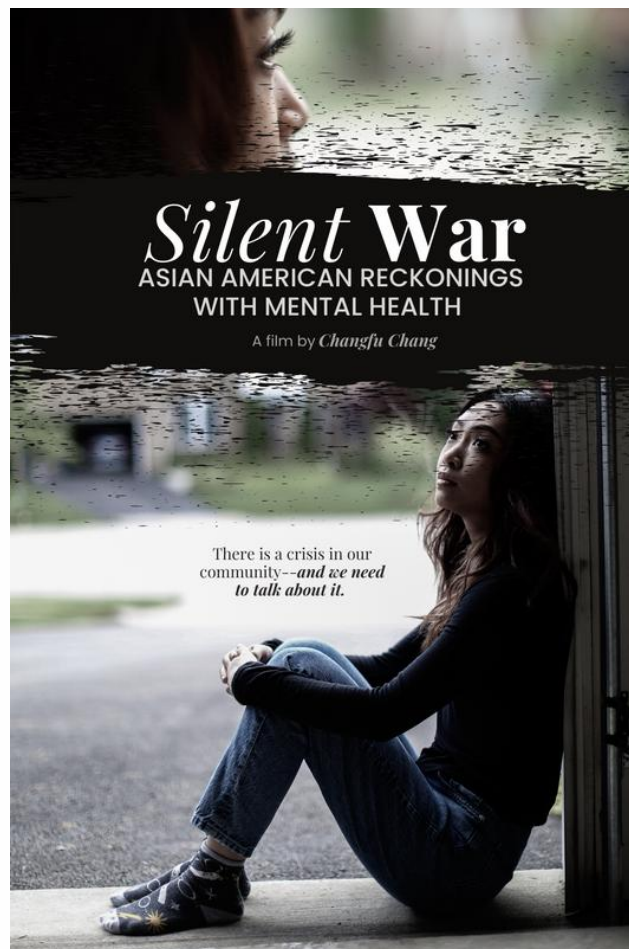
Alex Wang
President, Tana Investment Group



Fulton Hou
Community Organizer, Convention Assistant



Bing Zhang, PhD
Professor, University of Missouri-Columbia



Screening: Silent War

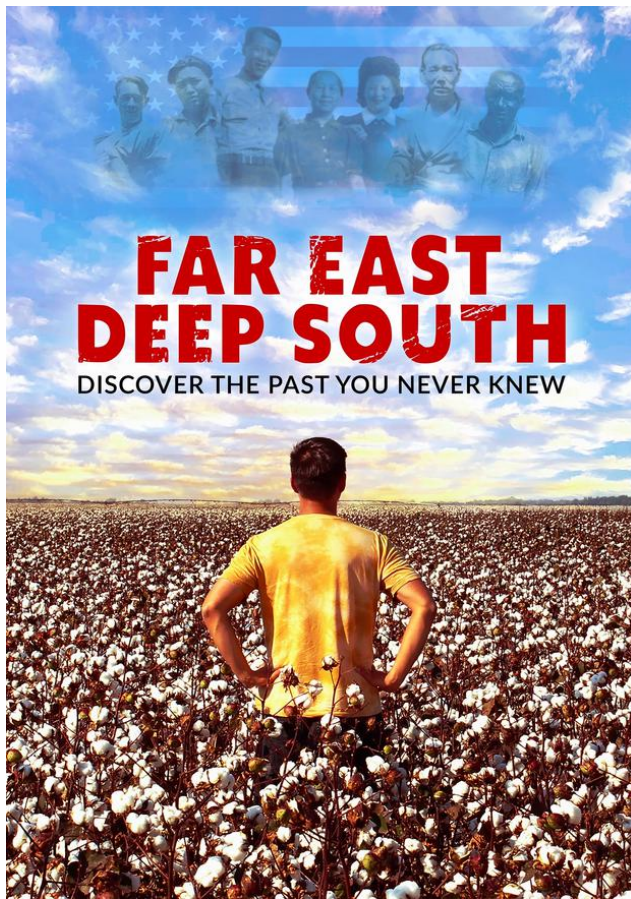
Asian American Reckonings with Mental Health

7:00-8:00 PM
Fri July 15, 2022
Regency Room

Session Chair: **Lily Chen**

See "WAVES" section for description and information on panelists.





Screening: *Far East Deep South*

8:45-10:00 PM
Fri July 15, 2022
Regency Room

Session Chair: **Jinliang Cai**

Far East Deep South is an award-winning feature documentary that explores the unspoken history of early Chinese immigrants living in the segregated American South. It follows the Chiu family on a surprising journey through Mississippi in search of their lost family history, discovering how exclusionary immigration laws like the Chinese Exclusion Act of 1882 impacted their family and learning how deep their roots run in America.



Baldwin Chiu (Only Won)
Hip Hop Artist, Actor,
Producer, Performer

WAVES Team Members



WAVES

Wellness. Advocacy. Voices. Education. Support.



WAVES is offering a total of 7 sessions!

UCA WAVES is a youth mental health collaborative that seeks to provide support to Chinese and Asian American families. Chinese/Asian American youth often suffer “silently” with stress, anxiety, and other mental health issues. Stigma against mental illness, social isolation, cultural expectations, identity issues, low mental health literacy, and lack of available Chinese-speaking or culturally sensitive mental health professionals are only some of the barriers that stand in the way of getting help. In response, we as a collaborative community are here to stand together and work towards Wellness, Advocacy, Voices, Education, and Support (WAVES).



waves@ucausa.org



www.ucausa.org/uca-waves/



[uca.waves](https://www.instagram.com/uca.waves)

SCAN TO READ ALL
UCA WAVES
CONVENTION FLYERS



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WINDFALL GROUP 聯 豐 集 團

Founded in 2003 with the mission to engage with the community, support the community and improve the community, our portfolio encompasses a wide range of industries, with a focus in real estate development.

WINDFALL CORE BUSINESS



UCA WAVES PRESENTS: MENTAL HEALTH SESSIONS

Special Session: *Silent War* Screening



7:00-8:45 PM

Session Chair: **Lily Chen**

Fri July 15, 2022

Regency Room

Join us for an exclusive preview of *Silent War: Asian American Reckonings with Mental Health*, by award-winning filmmaker, Changfu Chang. The film will be followed by an engaging discussion including the director, psychiatrist, and interviewees from the film.

Asian Americans endure some of the highest rates of mental distress, and yet, we are also among the least likely to seek help for it. This documentary profiles multiple members of our community stepping up to share their own battles with mental illness. Their accounts highlight the unique challenges we face as Asian Americans and the unspoken toll it has taken on us.



Changfu Chang, PhD
Director
Filmmaker



Sandy Chen
Youth Ambassador
Student, UMBC



Justin Chen, MD, MPH
Moderator, Medical
Director, Massachusetts
General Hospital (MGH)



Elaine Peng
Founder, Mental Health
Association for Chinese
Communities (MHACC)



Vincent Tu
Certified Counselor

Mini Session: SAMHSA Workshop

8:00-8:45 PM

Session Chair: **Sonya Zhu**

Fri July 15, 2022

Regency Room

Federal resources and local strategies on addressing mental health needs of AANHPI communities

Substance Abuse and Mental Health Services Administration (SAMHSA) and community partners

will discuss resources & strategies to support mental health in AANHPI communities. SAMHSA is an agency within the US Department of Health and Human Services that leads public health efforts to advance the behavioral health of the nation.



Sonya Zhu
Moderator, Session Chair
Centers for Medicare &
Medicaid Services (CMS)



Kate Lu, LCSW-C
Chinese Culture and
Community Service Center
(CCACC)



**Tenly Pau Biggs, MSW,
LMSW**
SAMHSA
CMHS



Sanjana Quasem, MPH
Program Manager
Asian American Health
Initiative (AAHI)



Perry Chan, MS
Public Health Advisor
Office of Behavioral Health
Equity

#1: BREAKING SILENCES - Youth Mental Health and Parent-Child Communication

10:15-11:45 AM

Sat July 16, 2022

Regency Room

Session Chairs: **Juliana Chen,**
Weiyang Xie

This session will feature a youth and parent panel discussion on the specific challenges faced by AAPI youth and their increased risks for mental health difficulties, as well as an expert-led discussion on the importance of resilience and positive parent-child communication. Session will also include a youth panel featuring students who will speak about their experiences growing up Asian American and the importance of family communication on stress and mental health.

Group A: Robert Wood Johnson Foundation Clinical Scholars Team



Juliana Chen, MD
Session Co-Chair, Moderator
Psychiatrist, Massachusetts
General Hospital (MGH)



Weiyang Xie, PhD
Session Co-Chair
Clinical Psychologist, Assoc.
Prof., Univ. of Illinois Chicago



Justin Chen, MD, MPH
Medical Director, Ambulatory
Psychiatry Services; Co-
Director, Primary Care
Psychiatry at MGH



Lily Chen, MA, RN, CNE
Project director, UCA WAVES;
Senior advisor, Former
Executive Director, UCA;
Founding President, UCA-IL

Group B



Bonnie Liao, PhD, MBA
Social Worker & Parenting
Educator

#2: AAPI Mental Health and Advocacy

2:35-3:50 PM
Sat July 16, 2022
Regency Room

Session Chairs: **Xiaohong Gao**

This interactive session will focus on impacts of the double pandemic of COVID-19 and anti-Asian racism on mental health of AAPI communities and families. Panelists will share best practices of community-based education and culturally informed mental health support, and engage and empower conference attendees to engage in mental health education and advocacy.



Daphne Kwok
Moderator
VP AARP, Former Executive Director of OCA



Dr. Hong Liu
Executive Director, Midwest Asian Health Association (MAHA)



Lily Chen, MA, RN, CNE
Project director, UCA WAVES; Senior advisor, Former Executive Director, UCA



Dr. Bei Wu
Vice Dean for Research & Dean's Professor, NYU Rory Meyers College of Nursing



Elaine Peng
Founder, Mental Health Association for Chinese Communities (MHACC)

#3: Destigmatizing Medications

4:00-5:00 PM
Sat July 16, 2022
Calvert Room

Session Chair: **Sen Xu**

Join us for a discussion on addressing the prescribing of psychiatric medications, led by psychiatrists who work with adults and children, as well as community leaders and those with lived experience as patients navigating the mental health system. In addition to a Q&A panel, we will be addressing the following:

- How do we think medications work?
- How long do medications take to work and what happens if a certain medication is not effective?
- Factors behind treatment outcomes?
- Addressing common stigmas around taking medications.
- Who should I talk to about prescribing medications?



Sen Xu, MD
Session Chair & Moderator
Staff Psychiatrist at Brigham and Women's Hospital



Ren Li
Parent Ambassador Lead



Janie Cao, MD, MPH
Child Psychiatrist
Yale CHATogether



Tianyao Tim He
Youth Ambassador
Student, Harvard Extension School



Jessica Ouyang, MD
Child & Adolescent Psychiatrist, Georgetown University Hospital

#4: LGBTQ+ Workshop



3:15-4:30 PM
Sat July 16, 2022
Forum Room

Session Chair: **Jessie Li**

This workshop will start with a skit to explore "coming out," and the challenges that can arise in this process. A panel discussion will follow to explore stereotypes about LGBTQ+ identities, mental health concerns, and ways to be a supportive ally. Participants are invited to ask questions throughout the panel discussion.



Jessie Li
Moderator, Session Chair
UCA WAVES Coordinator
Graduate student



Jenny Deng
High school student



Grace Chan McKibben
Executive Director, Coalition for a Better Chinese American Community



Jason Li
Editor
Student, Harvard



Serena Chen, MD
Psychiatrist
Psychiatric consultant for UCA WAVES



Jennifer Tu
Editor, WAVES Psychiatrist
Consultant and previous WAVES Coordinator

Special Session: AAPI Youth Community Showcase



1:00-1:30 PM
Sat July 16, 2022
Ambassador Room

1:30-3:00 PM
Sat July 16, 2022
Empire Room

In conjunction with UCA Youth Leadership Council.



**WANT TO SUPPORT WAVES?
SCAN HERE!**



美亚健康协会
Midwest Asian Health Association



Community Mental Health Clinic

The Midwest Asian Health Association (MAHA) is a non-profit, 501(c)3 organization established in 2003 with a mission to reduce health disparities for Asian American and Pacific Islanders in the Midwest.

We provide culturally-sensitive mental health services to Asian American & Pacific Islander, Asian immigrant, and other low-income minority populations in the Midwest. Our mental health program is CARF accredited.

Services in English, Mandarin, and Cantonese
我们提供普通话、广东话、和英文服务

Telehealth / remote services available



Services include:

- Individual, Couples, and Family Therapy
- School Consultations
- Community Support
- Mental Health Workshops
- Psychiatric services

We accept:

- General Medicaid
- Medicaid MCOs
- Sliding scale self-pay fees

Bilingual Intake Line 预约 (中/英文)

Phone: (312) 285-2287 Email: intake@maha-us.org

Website: <https://maha-us.org/community-mental-health-clinic/>

Monday thru Friday: 9AM to 5PM

238 W Cermak Rd., 2nd Floor - 2A, Chicago, IL 60616

8 AM

9 AM

10 AM

11 AM

12 PM

1 PM

2 PM

3 PM

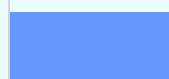


Opening Remarks
 UCA President Haipei Shue
Empire Room



**Panel #1: Civic
 Activism & Political
 Engagement (w/ Q&A)**
Empire Room

**Panel #2: Forging
 Identity (w/ Q&A)**
Empire Room



Luncheon



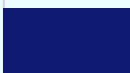
AAPI Youth Org. Presentation
 UCA Youth Leadership Council
Empire Room



AAPI Youth Org. Showcase
 UCA Youth Leadership Council
Ambassador Room



**Session M1: Volunteering &
 Civic Engagement Workshop**
Governor Room



**Session M2: Intergenerational
 Dialogue**
Empire Room



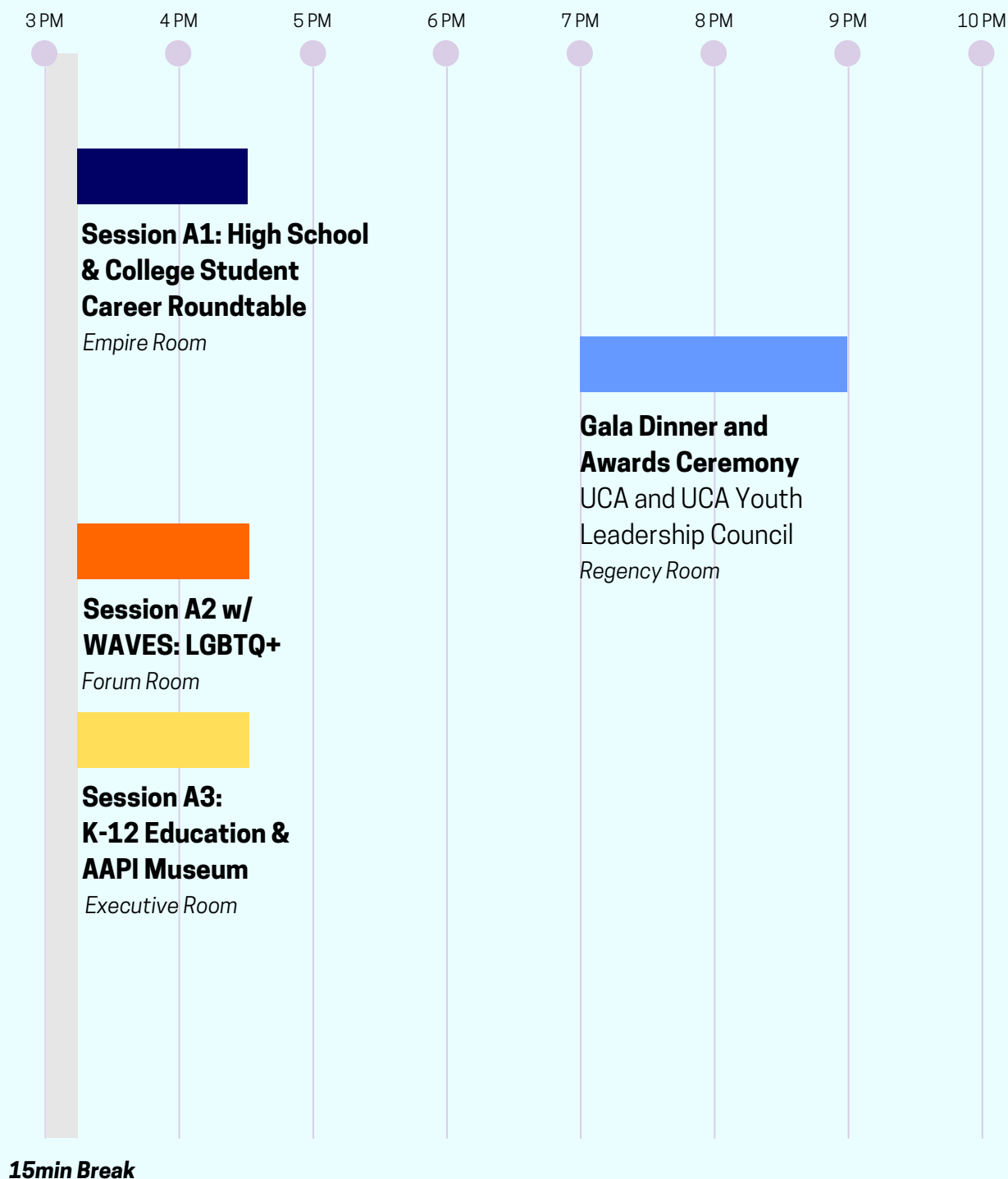
**Session M3: College
 Student Networking**
Calvert Room

10min Break

Saturday JULY 16 2022

YOUTH CONVENTION

All locations at Omni Shoreham Hotel unless otherwise noted.
Form July 14 and 15, see UCA Convention Agenda.



YOUTH CONVENTION SESSIONS

Opening Remarks

8:30-8:40 AM
Sat July 16, 2022
Empire Room



Haipei Shue
President, United Chinese
Americans (UCA)

Panel #1: Civic Activism & Political Engagement: Belonging Through Action

8:40-9:50 AM
Sat July 16, 2022
Empire Room

Session Chairs: **Hong Qi,**
Laura Liu

This panel of both experienced and young activists will discuss the amazing impacts they have made, their inspirations and future plans, Asian power in politics, community-centered advocacy, and socio-political representation, with a focus on amplifying AAPI youth voices and involving more youth into active engagement.



Christine Chen
Co-Founder and Executive
Director of APIAVote



Christina Lu
Student at UPenn; Advocate
for Bystander Intervention



Stephanie Hu
Founder and Executive
Director of Dear Asian Youth
(DAY)



Dylan Lee
Moderator
Director of Strategic Partner-
ships at Dear Asian Youth



Ranen Miao
Congressional Intern;
Washington University
Student Union President



Hong Qi
Session chair
Operations Director of UCA

Panel #2: Forging Identity: From Fusion to Fulfillment

10:00-10:40 AM
Sat July 16, 2022
Empire Room

Session Chairs: **Hong Qi,**
Laura Liu

The Chinese American identity has often been described as either “the best of both worlds” or “caught between two worlds.” Our distinguished panelists who courageously forged unique identities and career paths will share their personal quest and evolution toward belonging, confidence and personal fulfillment. Their stories will inspire today's youth to transcend limiting stereotypes and develop to their full potential.



Abigail Hing Wen
Filmmaker & NY Times
bestselling author



Zhimin Mao
Environment & Development
Professional at World Bank



Baldwin Chiu
Rapper, Actor, Movie
Producer



Ziyi (Billy) Zeng
Vice President of UCA Youth
Council



Alan Z
Musician, Actor, and
Songwriter

AM BREAKOUT SESSIONS

M1: Civic Engagement and Volunteerism Workshop

11:00 AM-12:00 PM
Sat July 16, 2022
Governor Room

Session Chair: **Hong Qi**

Pride and Power: Building Community Through Civic Volunteerism

The Civic Engagement and Volunteerism Workshop will feature speakers that include Ohio District 56 Candidate Sam Cao and leaders of civic engagement organizations such as Dear Asian Youth, Youth Voting Initiative, and Detester Magazine. The panelists will discuss Asian American voter issues and barriers to political power, alignment with local policy and candidate campaigns, and as well as civic engagement initiatives of student-led youth organizations. This breakout is intended to spark interest in political participation among young people and encourage them to pursue movements that speak to them, ultimately mobilizing AAPI youth to challenge a reality of political disenfranchisement.



Sam Cao
Candidate for District 56
in the Ohio House of
Representatives



Nikhitha Balijepalli
Chapter Director at Dear
Asian Youth (DAY)



Huiwen Chen
Founder and Executive
Director at Detester
Magazine



Sophie Zheng
UCA Youth Leadership
Council Member



Peter Zhang
Co-Founder and President of
Youth Voting Initiative

M2: Intergenerational Dialogue: Love, Empathy and Healthier Relationships

11:00 AM-12:00 PM
Sat July 16, 2022
Empire Room

Session Chair: **Laura Liu**

Parenting is often extra challenging for bicultural families, especially during adolescence when the children seek more independence and explore their own identities. This session will facilitate two generations' mutual understanding and demonstrate communication methods that build empathy, reduce tension and increase well-being.



Maggie Li
Family Therapist Serving
the Chinese American
Community



Tong Liu
High School Student, NJ



Jingshan Zhang
Advocate of Parent
Education and Non-Violent
Communication



Laura Liu
President of Parents and
Children Education (PCE)
Club, UCA executive member



Gordon Li
Student leader, NYU Stern
School of Business

M3: College Students Networking: How to Enrich Chinese American Student College Life

11:00 AM-12:00 PM
Sat July 16, 2022
Calvert Room

Session Chair: **Hong Qi**

This breakout session gives all college students and rising college freshmen an opportunity to network, share unique experiences, learn from each other, and explore new ideas and initiatives. In particular, students will meet the president of UCA, Haipai Shue, and have the opportunity to discuss their interests, issues, and concerns with him, and explore UCA's initiative to form a National Chinese American College Students Association (NCACSA), similar to the Jewish students organization Hillel, and ultimately, nurture a youth movement to change our community.

Luncheon Remarks

12:00-1:00 PM
Sat July 16, 2022
Empire Room



Yuh-Line Niou
New York State
Assemblymember

PM BREAKOUT SESSIONS

A1: High School and College Students Career Roundtable

3:15-4:30 PM
Sat July 16, 2022
Empire Room

Session Chair: **Hong Qi**

Skills, Passion and Your Career Paths

Calling all high school and college students to join passionate and dedicated working professionals in a roundtable. Panelists with successful and fulfilling careers in business, law, technology and government share reflections on their unique career paths to inspire youth to explore career choices that match their own strengths, aspirations and callings. Students will receive opportunities to ask these accomplished individuals questions about their work and how their identities have affected their journeys to where they are today. This is a great chance to network and learn something new at the Convention!



Hermann Liu
Venture Capital Investor



Hua Wang
Division Associate Head at
Boston University



Nan Li
VP at Nationwide
Insurance



Janice Peng
Secretary of UCA Leadership
Council



Abigail Hing Wen
Author, Producer, and
Lawyer

A2: LGBTQ+ Workshop

3:15-4:30 PM
Sat July 16, 2022
Forum Room

Session Chair: **Jessie Li**



In coordination with UCA WAVES. See previous section for details.

A3: AAPI History is American History: Initiative on K-12 Education and a National Museum

3:15-4:30 PM
Sat July 16, 2022
Executive Room

Session Chairs: **Dr. Zhida Song-James, Chen Zhou**



In coordination with UCA Convention. See previous section for details.

UCA Youth Leadership Council: AAPI Youth Organizations Showcase and Presentation

1:00-1:30 PM	1:30-3:00 PM
Sat July 16, 2022	Sat July 16, 2022
Ambassador Room	Empire Room





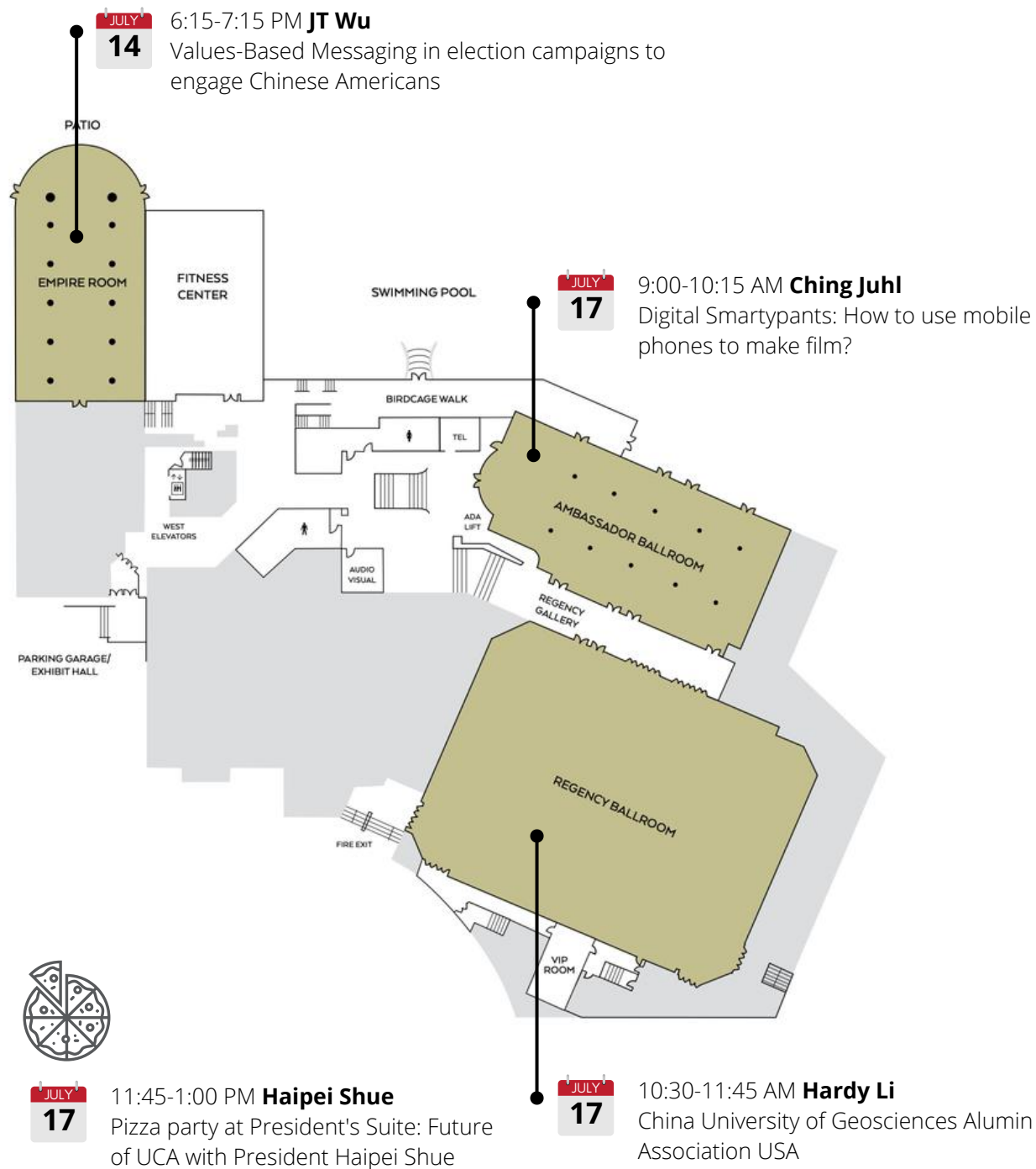
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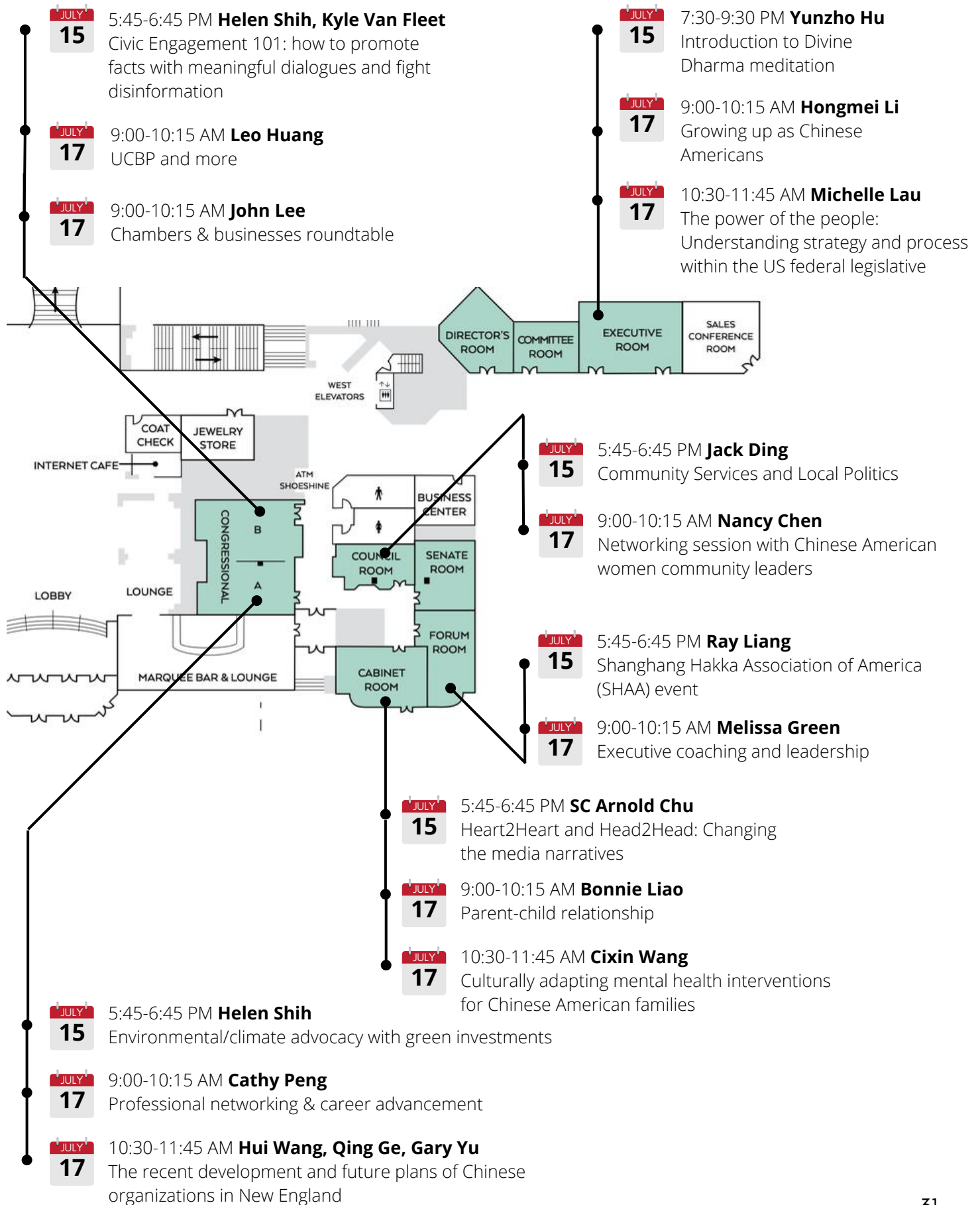


ROUNDTABLE DISCUSSIONS

Floor plan and host topics

Session Chair: **Helen Shih**





ROUNDTABLE DISCUSSION SPEAKERS



Arnold Chu

My name is Arnold Chu. I've been involved with the Chinese American community all my life. I have worked on immigrant education, voter registration, scholarships, and Chinese arts and education over the decades. I am on the Board of the Asian Financial Society and the New York Chinese Cultural Center as well as the MIT Chinese Alumna Group.

One major lesson that I have learnt along the way is that social change depends on changing people's beliefs and perception. And that cannot be done through rational persuasion alone. This Round Table will explore how we can create our own stories that reach the hearts of all Americans. How do we change the mainstream views/assumptions about CA both at the emotional and rational levels? What stories should we tell? What media should be used?



Cathy Peng

Cathy Peng co-founded MyT.coach, providing "personal boards of directors" from career coaches tailoring professional guidance and founded Cathy's Fun Fitness Dance non-profit delivering well-being to over 200,000 participants. Cathy's MBA is from the University of Chicago. Awards: Business Leader of Color, Emerging Executive and "Top 10 Women CEO's of 2022".

Networking and career advice, including coaches and senior level executive participants from different parts of the country and representing various industries. MyT.coach is a platform that connects professionals seeking workplace results with executive coaches, trainers and mentors that tailor their support for the desired transformation and outcomes needed in each unique career journey.



Ching Juhl

Ching Juhl 陈清 is a Shanghai born, NYC based filmmaker, violin teacher and media producer. As a filmmaker, she traveled to 12 cities and documented Andrew Yang's 2020 presidential campaign. Her doc My Yang Gang Diary, shot on iPhone won three Best Feature Film awards in Canada, Italy and USA festivals.

Founder of the Juhl Media, Ching Juhl has created hundreds of videos, shot/edited with iPhones. She has been teaching Smartphone Video Production at Touro College, Socially Relevant Film Festival NY, MG Workshop and Clubhouse. Juhl Media has posted 730 videos, and has 5300 subscribers on YouTube.



Cixin Wang

Dr. Cixin Wang is an Associate Professor and licensed psychologist in School Psychology at University of Maryland, College Park. Her research focuses on bullying prevention and mental health promotion among children and adolescents, especially for Chinese American families. She has been culturally adapting parenting & SEL interventions for Chinese Americans.

Many parenting/SEL programs are often created from a Euro-centric framework and may contradict the parenting beliefs and child-rearing practices that are common in Chinese American families. Attendees will join the discussion about unique challenges and strengths of Chinese American families, and how to improve interventions for parents and youth.



Gary Yu

Gary Yu is the founder and chairman of Boston International Media Consulting and Boston Asian Radio and TV (BARTV). He is a national board member of UCA and member of UCA executive team. He is Chair of Communication Committee Chairman of 2022 UCA Chinese American Convention. He also is president of APAPA Boston Chapters, President of North American Hangzhou Association, President of North American Nanning Association, and board member of NECAA.



Helen Shih

Dr. Helen Shih is an advocacy consultant and Vision-Mission coach. She is a former member of the UCA board who coordinated the Congressional Visit in 2018 and 2022 conventions. She supports UCA in leadership and youth development, in Chinese American identity, civic engagement, and environmental advocacy.

Attendees will join the discussion on how to support environmental and climate actions, how to become more civically engaged and have an impact in such processes. We will also invite those who are interested in promoting and investing in environmental products, renewable energy, and sustainable solutions to save our ecosystem.



Hua Wang

Prof. Hua Wang is currently the Associate Head of Division of Systems Engineering at Boston University. He was a faculty member with Duke University, and a program manager with U.S. Army Research Office. He is the Co-President of the Chinese American Association of Lexington (CAAL) and serves on the boards of Lexington Historical Society and Cary Memorial Library Foundation. He is a national board member of UCA, Co-President of UCA-MA, and the founding Co-Chair of New England Chinese American Alliance (NECAA).



Jack Ding

Jack Ding is a first generation Chinese-American immigrant and came to US to study MBA in 1993. As an Enrolled Agent with IRS, he is a service provider and advocate to represent taxpayers since 2007. He was elected as Sonoma City Council in 2020, and selected as Mayor in 2021.

Attendees will join the discussion on how to participate in local politics starting by volunteering community work and how to success to become local leader.



John Lee

John J. Lee worked as a Research Assistant & Associate at Chinese Academy of Sciences for 10 years, served as Principal Investigator for 4 science projects. After receiving his PhD, he worked as a Senior Research Specialist at the University of Arizona. In 2005, Dr. Lee funded Pacificspan LLC to service mainly federal agencies such as GSA, DOD, DOJ, DOI, etc.

All Chinese businesses, Chambers, and other relevant organizations participated in this session will have a chance to showcase their experiences and achievements. Comments, suggestions, and proposals are encouraged to promote further cooperation among Chinese business entities at national and regional level.



JT Wu

Jonathan "JT" Wu (邬颂安) serves as the Executive Director of Emerging Voters – a 501(c)(4) organization enhancing Asian American civic engagement through in-language values-based messaging. Named one of Georgia's Top 25 Most Influential Asians, JT works to defend the American Dream for all by blending private-sector best-practices with extensive public-sector and political campaign experience.

Our nonpartisan session will be an interactive and participatory roundtable digging deeper into the language, values, framing, and messaging preferences that can be effective in speaking to the Chinese American experience. With the 2022 midterm elections just around the corner, participants will leave with an innovative roadmap for civic engagement.



Kyle Van Fleet

Kyle Van Fleet (*he/him/his*) is the Strategic Communications Associate at APIAVote, where he leads the organization's efforts to monitor mis- and disinformation regarding democracy, elections, and harmful narratives impacting/originating from AAPI communities. Prior to APIAVote, Kyle monitored mis- and disinformation at GQR during the 2020 election cycle.

Join Kyle Van Fleet as he discusses the disinformation landscape in AAPI communities, the work APIAVote is doing to combat it, and tactics to confront mis- and disinformation as an organization and as an individual.



Melissa Green

Melissa Green, DHSC, MPH is a certified executive and professional coach. She is a deputy director for team-based leadership and grants programs at the University of North Carolina at Chapel Hill. Melissa's experience includes 20 years managing and consulting on equity focused and community-engaged health intervention studies.

Coaching is a structured process between a leader and a trained facilitator to produce positive changes. Attendees will discuss the role of executive and professional coaching in individual leadership development and organizational culture. The session is geared towards middle managers and is relevant to individuals at any career level.



Nancy Chen

Nancy Chen is president of Chinese American Women in Action-CAWA. She was Regional Administrator of the Women's Bureau, USDOL. She also served as Chicago Director of U.S. Senator Paul Simon and later Director of Asian American Outreach at President Clinton's Office of Presidential Personnel.

Chinese American women have been the driving force in our community as parents, professionals and advocates. Come and join us in this networking session to share your success and challenges to help us learn from one another. Bring your business card.

JULY
14
JULY
15

JULY
17

Start	End	Host	Round Table Discussion Host Topic	Room
6:15 PM	7:15 PM	JT Wu	Values Based Messaging in election campaigns to engage Chinese Americans	Empire room
5:45 PM	6:45 PM	Ray Liang	Shanghang Hakka Association of America (SHAA) Event	Forum room
5:45 PM	6:45 PM	Helen Shih	Environmental/climate advocacy with green investments	Governor
5:45 PM	6:45 PM	Kyle Van Fleet	Civic Engagement 101: how to promote facts and fight disinformation on social media	Calvert
5:45 PM	6:45 PM	Jack Ding	Community Services and Local Politics	Council Room
5:45 PM	6:45 PM	SC Arnold Chu	Heart2Heart and Head2Head: Changing the media narrative	Cabinet Room
7:30 PM	9:30 PM	Johnson Tran	Introduction to Divine Dharma Meditation	Executive room
9:00 AM	10:15 AM	Bonnie Liao	Parent- Child Relationships	Cabinet
9:00 AM	10:15 AM	Nancy Chen	Networking Session with Chinese American Women Community Leaders	Council
9:00 AM	10:15 AM	Cathy Peng	Professional Networking & Career Advancement	Congressional A
9:00 AM	10:15 AM	Hongmei Li	Growing Up as Chinese Americans	Executive
9:00 AM	10:15 AM	Leo Huang	United Chinese Business Partners (UCBP) and more	Regency
9:00 AM	10:15 AM	John Lee	Chambers & Businesses Roundtable	Congressional B
9:00 AM	10:15 AM	Melissa Green	Executive Coaching and Leadership	Forum
9:00 AM	10:15 AM	Ching Juhl	Digital Smartypants: How to use mobile phones to make film?	Ambassador
10:30 AM	11:45 AM	Cixin Wang	Culturally adapting mental health interventions for Chinese American families	Cabinet
10:30 AM	11:45 AM	Hua Wang Qing Ge Gary Yu	The recent development and future plans of Chinese organizations in New England	Congressional A
10:30 AM	11:45 AM	Michelle Lau	The Power of the People: Understanding Strategy and Process Within the US Federal Legislative and Regulatory System Using Collective Action Tools	Executive
10:30 AM	11:45 AM	Hardy Li	China University of Geosciences Alumin Association USA	Regency
11:45 AM	1:15 PM	Haipei Shue	Pizza party: Future of UCA with President Haipei Shue	Presidential Suite



COMMUNITY SHOWCASE & AAPI YOUTH ORGANIZATIONS SHOWCASE

Community and AAPI Youth Organizations Showcases

11:30 AM - 12:00 PM	3:15 - 4:30 PM	1:00 - 1:30 PM
Fri July 15, 2022	Fri July 15, 2022	Sat July 16, 2022
Ambassador Room		

Exhibition & Silent Auction with UCA Youth Leadership Council

The Community and AAPI Youth Showcase is an exhibition of over 50 community organizations and youth groups from across the country. Each group will have information and in-person representatives to share more about their efforts and their organizations. We encourage you to check out as many groups as possible and connect with like-minded folks in the community.



Fulton Hou
Community Showcase
Session Chair



Lucy Lei
WAVES/AAPI Youth Showcase
Session Chair



ASIAN AMERICAN
STUDIES PROGRAM



AAPI Youth Organizations





— Appreciation —

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MONTGOMERY INTERNATIONAL FILM FESTIVAL 2022

Miffus.com

September 19, 2022



About MIFF

We aim to foster a community of free thinking filmmakers, those who are pushing the boundaries of sound and vision into a new frontier. We believe the world is ready for the reemergence of Art House films, and we bring distributors, filmmakers, media and fans together to achieve global awareness of this vital art form.

**Chairwoman
Karina Hou**





美國華裔精神健康聯盟
Mental Health Association for Chinese Communities (MHACC)

**You are not alone!
請不要孤軍作戰!**



美國華裔精神健康聯盟Mental Health Association for Chinese Communities (MHACC), 致力於提高大眾對精神健康的認知, 幫助數以萬計在痛苦掙扎中的精神疾病患者及家人, 建設更美好的生活品質!

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www.mhacc-usa.org/app-urspace/

為照顧者而設: 陽光地帶MiSunshine
www.mhacc-usa.org/app-misunshine/



SUNCRU WINES
A Winery You Can Trust

Suncru Wines has been a long time supporter to UCA since its first convention.

As part of UCA fundraising campaign, Suncru Wines will donate 40% of your wine purchase to UCA.



Please visit _____ for details.



FRI
Future Reimagined Initiative

FUTURE REIMAGINED INITIATIVE

Education Empowerment for the younger generation

Contact Info
info@future-reimagined.org

Our Goals:

- Supporting the next generation in education

Our Vision:

- To contribute to a brighter future in which all students have the resources needed for success.



Please add a note 'UCA FRI' when adding

More information:
<https://www.future-reimagined.org/>



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Empowering Healthier Lives



About iHealth

As a pioneer of digital health from Silicon Valley, iHealth was founded in 2010 and launched the very first bluetooth connected blood pressure monitor that worked with iOS devices in the world. To date, iHealth has become one of the top global brands in digital health & wellness, and has established an ecosystem from its FDA approved, award winning consumer wellness product and connected medical devices, remote patient monitoring platform, to the innovative Unified Care model for chronic disease management.

Empower Self Health Management



iHealth Unified Care ihealthunifiedcare.com

Empower Providers to Provide Better Chronic Care

- All-in-one remote patient monitoring solution and professional chronic disease management
- Proven clinical outcomes for hypertension and diabetes management

30.35% ↓

reduction of stage 2 HTN patients after 3 months

74.84% ↓

reduction in HbA1c poor control rate after 3 months (HbA1c > 9.0)

UCA MILESTONES

2016-2022

SEP2016

Inaugural Chinese American Convention in Washington, DC

MAR2017

UCA was incorporated in Washington, DC

JAN 2018

Jiaozi Festival initiative in San Francisco and Chicago

APR2018

First UCA board retreat held in Detroit, MI with CLUSA; and UCA organized multiple activities in support of Sherry Chen

SEP 2018

2nd UCA Convention successfully held in Washington, DC with an attendance of 450

2018

Student Summer Civic Internship Program in Chicago and other cities with support from CLUSA

AUG 2019

SPEAK UP!

UCA's SpeakUp! Campaign promoted an open, free academic exchange and innovation

OCT2019

UCA joined efforts against S386/HR1044 immigration bills

NOV2019

Members of the UCA community support Andrew Yang for president and other Asian American candidates for political offices



MAY 2020

UCA organized "Food of Love" national initiative during the pandemic with slogan "50 States, 100 Cities, One People United!"



2020

Tri-Community Solidarity with Jewish and Black community leaders



JUN 2020

UCA Launches Tracy's Guide to Help Combat COVID-19

FEB 2022

UCA "Concert in the Cloud"
"Bukaopu" Lunar New Year online
gala and North American talent
show contest



APR 2022

UCA and Chinese American
Community applauded the end of
"China Initiative" and supported Prof.
Franklin Tao in his legal battle



FEB 2022

Chinese Expulsion Remembrance
and March for the Future held in
Seattle with UCAWA

JUL 2022

3rd Chinese American Convention
and Inaugural UCA National Youth
Convention in Washington, DC

2021

Successfully held
multiple online sessions
"UCA Talks"



2021

Support of Dr Anming Hu, the first
to go to trial under "China Initiative"
in his legal battle



2020

UCA WAVES was awarded the
prestigious Robert Wood Johnson
Foundation's Clinical Scholar Grant
for promoting mental health

JUL 2021

2021 UCA Summer University
successfully held: 150 Students, 100+
Capstone Projects, 6 Days of Online
Lessons and Discussions



SEP 2020

UCA urges the White House to
withdraw WeChat/TikTok ban and
joined the successful lawsuit against it

MAR 2021

Candle Light Vigil for Victims of
Atlanta shootings



*Not to scale and not exhaustive; see next pages for more detailed accounts

UCA Milestones

2016-2022



Inaugural Chinese American Convention

September 8-10, 2016

The inaugural Chinese American Convention marked the first milestone of UCA. It was held in Washington, D.C. on September 8-10. More than 400 community leaders, activists, grassroots volunteers and scholars from across the U.S. participated in this historical event.



聚是一团火，散做满天星



UCA was incorporated

March 21, 2017

UCA was incorporated in Washington, D.C. on March 21. The 501 (c)(3) status was granted on December 21.

April 11, 2017

UCA issued its first public statement on the violence and wrongful action taken by the police from the Chicago Department of Aviation and the United Airlines at the O'Hare International Airport towards a Chinese American passenger and submitted the statement to a dozen congressional and government offices.

April 20-22, 2017

UCA convened its initial board at a meeting in Chicago on April 20-22, with the election of Mr. Haipei Shue as President and Professor Steven Pei as Chairman. Concurrently, UCA also held its first mental health forum attended by more than 200 people.

May 6, 2017

Organized by UCA, the special edition of the documentary, *The Chinese Exclusion Act*, co-directed by Rick Burns and Lin-Shin Yu, as part of the PBS "American Experience" series, was premiered for the Chinese community.



Jiaozi Parties and Lunar New Year Initiative



January 2018

Building on the successful Jiaozi parties in San Francisco and Chicago a year earlier to celebrate the Chinese New Year, UCA launched the Lunar New Year Initiative to make the Chinese festival a more meaningful holiday.

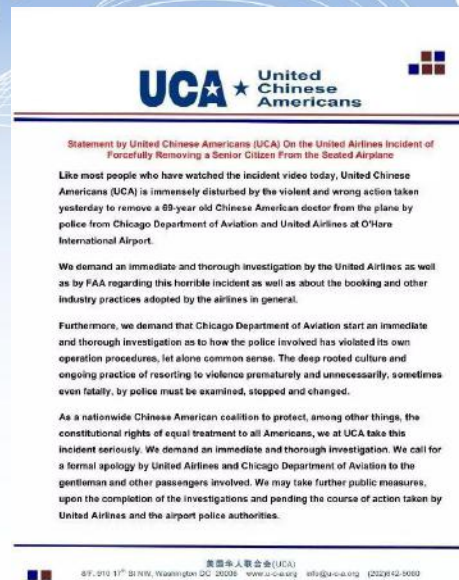
More than 100 Chinese Americans organizations co-sponsored the initiative.



Call for Action and Statement

January 2018

UCA issued a statement on the comments made by U.S. Senator Rubio and FBI Director Wray that Chinese students and scholars are “national security threats.” 14 national organizations co-signed the letter initiated by UCA to demand a conference meeting with Wray. Furthermore, UCA issued a “Call for Action” to Chinese Americans.



UCA Organized activities in Support of Sherry Chen

April 2018

Sherry Chen won her case through the Merit Systems Protection Board (MSPB) against the government after a lengthy legal process.

An exclusive Interview: “Justice is Done, this is Our Victory!” [\[Need more clarifications here.\]](#)

UCA organized multiple activities in support of Chen, including protests at the federal courthouse in Cincinnati in February.

In June, UCA issued a statement to the U.S. Department of Commerce condemning its appeal of the MSPB’s ruling in the Sherry Chen case.



First UCA Board Retreat



April 20-22, 2018

The first UCA board retreat was held in Detroit, Michigan. UCA called on the Chinese Americans to seek common ground to build the community. More than 30 directors and community representatives from nearly 20 states attended the retreat. The event was supported by strong sponsorship from UCA's strategic partner, the CLF Foundation (now CLUSA), and local UCA members and friends in Michigan.



UCA 2018 Chinese American Convention in DC



September 27-29, 2018

Building a strong Chinese community, UCA 2018 Convention was successfully held in Washington, D.C. Nealy **450** community leaders, activists, volunteers, and scholars from most US states attended the convention.



Anti-S386/HR1044 Immigration Bill



2019

UCA joined efforts against the S386/HR1044 immigration bill which would harm the interests and immigration process of Chinese nationals.



“Speak-up” Campaign

2019

UCA spearheaded efforts to speak for Chinese American scientists and promote open, free academic exchange and innovation. In the “Speak-up Campaign,” UCA urged the US academic institutions to support Chinese American scientists. Many top US universities, including MIT, Stanford, Yale, Columbia, University of Michigan, University of California, etc. published statements in support of academic freedom and against isolation and discrimination.

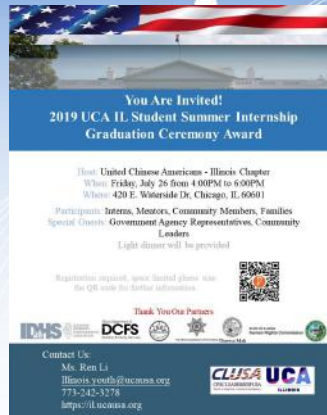


Summer Leadership Programs for Students



2019

UCA (UCA-Illinois and UCA-Houston) organized summer leadership programs for Chinese American students to participate in leadership internships with government and NGO groups. CLUSA sponsored the programs.



UCA Memembrs and Civic Engagement



2020 UCA and Civic Engagement

Members of the UCA community support Andrew Yang for president and other Asian American candidates for political offices.



“Food of Love” Program

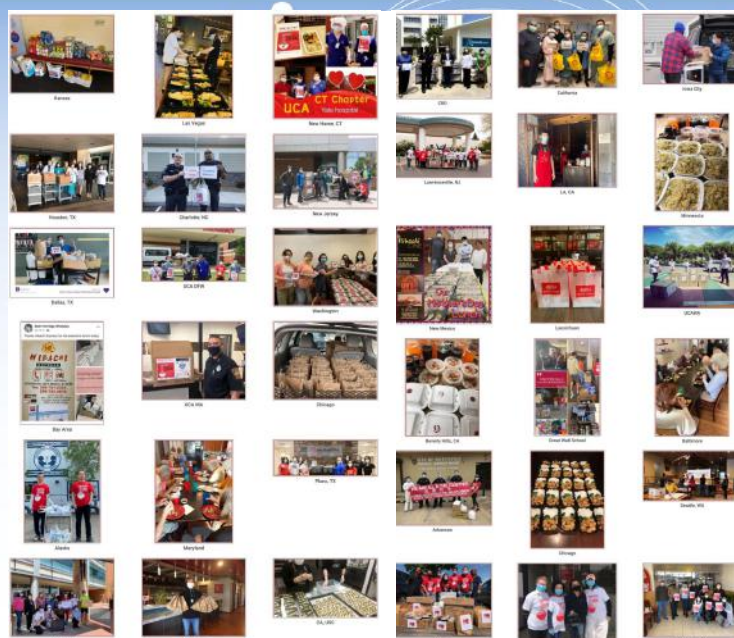


2020 “Food of Love”

“50 States, 100 Cities, One People United!” UCA organized a “Food of Love” program to deliver foods for those on the frontline against the coronavirus pandemic. Chinese American organizations and individuals from 47 states and 130+ cities participated in this extensively covered national campaign by donating foods and medical supplies.



“Food of Love” Program



Amicus Briefs

2020

UCA urges the White House to withdraw WeChat ban



2020

UCA provided amicus brief in support of international students to stay in the US as they continue their study during the Covid pandemic.



UCA Waves – Advocate of Youth Mental Health

UCA and award-winning scholars work together to improve Asian American mental health.

- UCA WAVES Mental Health project started in 2016
- WAVES Conducted Over 22 webinars conducted 2020-2022 addressing mental health needs during COVID - again, much significant effort.
- UCA WAVES was awarded the prestigious Robert Wood Johnson Foundation RWJF Clinical Scholar Grant in 2020. WAVES started Mental Health First Aide Training MHFA 2021
- WAVES started supporting "Silent War" Documentary Filming 2021



UCA Wins Prestigious Robert Wood Johnson Foundation RWJF Clinical Scholar Grant

UCA 获RWJF基金会资助
启动“打破模范少数民族的沉默”项目



Impacts of the WAVES

Since 2016, WAVES has had **22** in-person conferences and webinars, with over **2400** national and global participants! A 7 session mental health track with 7 is held at the 2022 UCA Convention.

In response to the national mental health crisis during COVID -19 and Anti-Asian Hate,

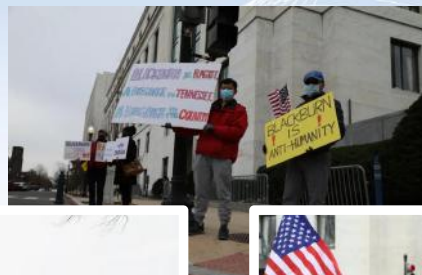
- WAVES has hosted **10** MHFA trainings led by **8 certified** instructors, with **177** overall participants. Their research development team is evaluating MHFA advocacy and is cultural relevance
- Working with an award winning Filmmaker, start to produce "Silent War; Asian American Recockings with Mental Health " documentary film
- Develop a media library including **43** bilingual videos about Asian American Youth Mental Health, **2** short films/trailers, an online resource **library**, and a new bilingual **toolkit** on anti-Racism for Parents & Youth.
- **35 articles** on WeChat blogs, with over **30,714 views**.
- Published **10** OpEds in major US Newspapers.



Anti-Racism Protests

2020

UCA organized numerous protests against Senate Blackburn decrying her racist statements.



Candlelight Vigil for Atlanta Shooting Victims



March 2021

Candlelight Vigil for Victims of Atlanta shootings. 100+ organizations in over 30 cities joined their voices against hatred and racism.



Anti-Asian Hate Advocacy



2021

UCA coordinated an effort by Chinese American community leaders to encourage writing opinion pieces for local and national newspapers on the topic of anti-Asian hate violence and racism.



Summer University



2021 UCA Summer University



I'm very excited to have this opportunity to welcome all of you! We have prepared this summer university to train the next generation of Chinese American leaders. Why are we doing this? It's very simple, that we want to give you the best and most rewarding, fulfilling lives that you could have, that maybe even your parents may or may not have. And why we call it leadership training, because in today's world, I really think that everybody needs to be a leader. They must be. Not a leader in a sense of a big shot or a CEO or elected official, but a leader that will be somebody like you that will take the initiative and the challenge in life and turn it around or turn it over its head, on its head, and make a difference.

Haipai Shue, President of UCA

2021 UCA Summer University




2021 UCA Summer University
150 Students
100+ Capstone Projects
6 Days of Online Lessons and Discussions

A Dialogue with Aspiring Youngsters Facing a Complex and Convolved World




Summer University



2021 UCA Summer University Capstone Project



2021 UCA Summer University

Group Leaders



Hong Qi
Program Director

Yi Ding
CSUN Faculty Librarian
Capstone Project Instructor

2021 UCA Summer University Graduation Ceremony



Mike Honda
Leader and Icon of AAPI Communities, Former Congressman

Sandy Chau
Chairman of the Board
Civic Leadership USA

Haipai Shue
President of UCA

Ji Liang Cai
Chairman of the Board
UCA



Against “China Initiative”

2021

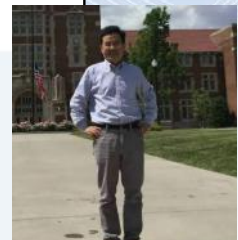
After at least four years of investigations and trials, Dr. Anming Hu, a nanotechnology expert and a professor at the University of Tennessee, was acquitted by a federal judge. Dr. Hu was the first to go to trial under “the China Initiative.”

“We demand that the Department of Justice investigate misconduct by the involved government agencies, enact a moratorium on all pending cases of the China Initiative, and for the White House to terminate the China Initiative,” said UCA President Haipei Shue.

Open Letter: Call for immediate reinstatement of Prof. Anming Hu's tenure

July 8, 2021

Chancellor Donde Plowman
The University of Tennessee, Knoxville
Office of the Chancellor



Chinese Americans and COVID-19 Relief

Contributions by Asian Americans in fighting COVID-19 Pandemic

— APRIL 8, 2020

Contributions by Asian Americans in fighting COVID-19 Pandemic

Since the beginning of the outbreak in January, Asian Americans have been on the frontline combating the pandemic and protecting America. Not only we supported families and doctors in Asia, but also, we actively engaged in the local communities here to slow down spread of the virus to America in saving lives. Apart from Asian

Fight Against COVID-19

CORONAVIRUS RESOURCES

CDC Info on COVID-19

Johns Hopkins Resources

"Facts no Fear" Webinars

US and Canada Statistics

COVID: Facts vs Fiction

COVID Tracking Project

2021

UCA provided web site for Covid relief actions of the Chinese American community
UCA published “Ms Tracy’s Guide for Family’ Protection and called for photo competition

Ms Tracy's Guide for Families



UCATalks Webinars



UCATALKS
 华人大讲堂

A NATIONAL CAMPAIGN TO TEACH AAPI HISTORY

Grace Meng, United States Representative
 Jennifer Gong-Gershowitz, Illinois State Representative
 Stewart Eswab, Founder of AAPI

Tim Y. Oei, The 1000 Foundation
 Sam Bergeron, Market's Visible NZ
 Billy Zeng, Student Leader

Thursday, October 7, 2021
 4:00pm EDT | 1:00pm PDT

QR code

Let's move the world forward!
 — Andrew Yang

GET YOUR BOOK SIGNED BY ANDREW ON THE BOOK TOUR!
 AndrewYang.com

FORWARD -
A Conversation with Andrew Yang on his New Book and More

MODERATOR
 HAIBEI SHUE

SUNDAY, OCTOBER 3, 2021
 2:00PM EDT / 11:00AM PDT

UCA
 SCAN ME

UCATALKS
 华人大讲堂

Return of McCarthyism?

Larry Tye
 New York Times bestselling author whose latest book, a biography of Senator Joe McCarthy, was released on July 7, 2020. The book, *Demagogue: The Untold Story of Senator Joe McCarthy*, is now a bestseller.

Mara Hvistendahl
 Investigative reporter with The Intercept, whom she has written several in-depth stories related to China Initiative and the former China Initiative for Science, Her latest book, *The Scientist and The Spy: A True Story of China, The FBI, and the Untold Story of a Far-reaching FBI Investigation Involving a Rising Star of the*

Wednesday November 3
 12:00pm EDT
 9:00 am PDT

OPENING REMARKS
 Bob Holden
 Former Governor of Missouri
 Chairman of USFCA

MODERATOR
 Haibei Shue
 President of UCA

QR code



Lunar New Year as a Federal Holiday



February 2022

UCA supports Congresswoman Grace Meng's congressional bill to make Lunar New Year a federal holiday



In support of Prof. Franklin Tao

April 2022

UCA and Chinese American Community Supporting
Professor Franklin Tao

"UCA has been in the forefront of fighting for Chinese American civil rights and equal treatment under law. Throughout, we believe cases like Prof Tao's do not belong to the federal criminal court. And there have simply too many wrongfully charged cases, under or leading up to the China Initiative. We must fight for our constitutionally guaranteed rights. Your kind support for the Tao family will go a long way towards restoring fairness and equal treatment for our community. Thank you! "



Calling for Accountability re. China Initiative

A Protest in Front of DOJ Against Mistreatment

Wednesday, 1/12, 11:30am - 12:30pm EST
250 9th St NW, corner of 9th St NW
and Pennsylvania Ave NW, DC

Press Conference for Victims of DOJ's China Initiative

Wednesday, 1/12, 2:00pm EST



Feb 2022

UCA applauded the end of the China Initiative, calling for accountability under DOJ's new guideline



WAVES: MENTAL HEALTH TRACK

"SILENT WAR" SCREENING & PANEL DISCUSSION

7/15 FRI | 7:00-8:00 PM (REGENCY ROOM)

Join us for an exclusive 30-minute preview of *Silent War: Asian American Reckonings with Mental Health* by award-winning documentary filmmaker, Changfu Chang. The film will be followed by an engaging panel discussion including the director and interviewees from the film.

SAMHSA WORKSHOP

7/15 FRI | 8:00-8:45 PM (REGENCY ROOM)

After the "Silent War" screening, Substance Abuse and Mental Health Services Administration (SAMHSA) and their community partners will host a workshop to showcase SAMHSA's efforts in public health advancement and also highlight their work with local partners to address the mental health needs of AANHPI communities.

BREAKING SILENCES: YOUTH MENTAL HEALTH & PARENT-CHILD COMMUNICATION

7/16 SAT | 10:15-11:45 AM (REGENCY ROOM)

This session will be led by Robert Wood Johnson Foundation Clinical Scholars' "Breaking Silences" team and will feature a panel discussion on challenges faced by AAPI youth and their increased mental health risks. This will be followed by an expert-led discussion on the importance of resilience and positive parent-child communication.

COMMUNITY SHOWCASE

7/15 FRI 11:30 AM- 12:00 PM; 3:15-4:30 PM | 7/16 SAT 1:00-1:30 PM (AMBASSADOR ROOM)

Showcases will be presented from national and local nonprofit organizations regarding mental health education, trilingual services, innovative technology and apps, authors, University AAPI centers and researchers, advocacy groups, funding agencies and more.

AAPI MENTAL HEALTH & ADVOCACY

7/16 SAT | 2:35-3:50 PM (REGENCY ROOM)

This interactive session will focus on impacts of the double pandemic of COVID-19 and anti-Asian racism on mental health of AAPI communities and families. Panelists will share best practices of community - based education and culturally informed mental health support and engage and empower conference attendees to engage in mental health education and advocacy.

DESTIGMATIZING MEDICATIONS

7/16 SAT | 4:00-5:00 PM (CALVERT ROOM)

Join us for a discussion on prescription of psychiatric medications, led by psychiatrists who work with adults and children, community leaders, and those with lived experience as patients navigating the mental health system.

LGBTQ+ WORKSHOP

7/16 SAT | 3:15 - 4:30 PM (FORUM ROOM, YOUTH CONVENTION)

This workshop will start with a skit to explore "coming out", and the challenges that can arise in this process. A panel discussion will follow to explore stereotypes about LGBTQ+ identities, mental health concerns, and ways to be a supportive ally. Participants are invited to ask questions throughout the workshop.



UCA Convention Registration

REGISTER NOW
<https://tinyurl.com/rdxmrsau>

Omni Shoreham Hotel
2500 Calvert St NW, Washington, DC 20008



ucausa.org/uca-waves/

SESSIONS & PANELS

Special Session

"SILENT WAR" SCREENING

Friday, July 15th | 7:00–8:00 PM (Regency Room)

Join us for an exclusive preview of *Silent War: Asian American Reckonings with Mental Health*, by award-winning filmmaker, Changfu Chang. The film will be followed by an engaging discussion including the director, Dr. Chen, and interviewees from the film.



Allison Connelly | Session Chair

Allison Connelly is a student at Millersville University currently studying media arts production and graphic communication technology. In conjunction with being the assistant director on *Silent War*, she is a writer, freelance photographer and an outspoken mental health advocate.



Changfu Chang | Film Director

Changfu Chang, PhD, is an award-winning documentary filmmaker. Many of Changfu's films center around issues unique to navigating Asian American identity and have been shown on PBS, National Geographic Television, Canadian Television, Japanese Television, German Television, BBC, Chinese Television, as well as in film festivals.



Justin Chen | Moderator & Psychiatrist

Justin A. Chen, MD, MPH, is Medical Director of Ambulatory Psychiatry Services and Co-Director of Primary Care Psychiatry at Massachusetts General Hospital (MGH). He is also the Director of the MGH Center for Cross-Cultural Student Emotional Wellness and the Co-Director of Medical Student Education in Psychiatry at Harvard Medical School. He specializes in the treatment of adult mood and anxiety disorders and is dedicated to teaching and mentorship.



Sandy Chen | Youth Ambassador

Sandy Chen currently studies social work and psychology at UMBC. Her battle with mental illness is featured in *Silent War* and has spent the past several years working with organizations like the National Alliance on Mental Illness (NAMI) and United Chinese Americans (UCA) to advocate for mental health awareness.



Elaine Peng | NAMI Chinese & MHACC Founder

Elaine Peng is the founder of Mental Health Association for Chinese Communities (MHACC), otherwise known as NAMI Chinese. She is a renowned mental health advocate and educator in the United States, compelled by her and her family's own struggles with mental health, which is covered in *Silent War*.



Vincent Tu | Certified Counselor

Vincent is a National and California state certified counselor who works in the emergency department funded by a grant through the state of California. Being a formally incarcerated individual, Vincent gives personal insights on the struggles with finding his identity from childhood and throughout incarceration.

A woman with long dark hair is sitting on a ledge, looking out of a window. The window is covered in raindrops, and the view outside is a blurred street scene with buildings and trees. The overall mood is contemplative and somber.

Silent War

ASIAN AMERICAN RECKONINGS WITH MENTAL HEALTH

A film by *Changfu Chang*

There is a crisis in our
community--*and we need
to talk about it.*



Join the Change
Scan to Donate
silentwarmovie.com

SAMHSA WORKSHOP: FEDERAL RESOURCES AND LOCAL STRATEGIES ON ADDRESSING MENTAL HEALTH NEEDS OF AANHPI COMMUNITIES

Friday, July 15th | 8:00–8:45 PM (Regency Room)



Join us after the *Silent War* screening for a special workshop hosted by Substance Abuse and Mental Health Services Administration (SAMHSA) and two of their community partners. This mini session will provide an introduction to SAMHSA, the agency within the U.S. Department of Health and Human Services (HHS) that leads public health efforts to advance the behavioral health of the nation and also highlight the agency's collaborations with local partners on addressing the mental health needs of AANHPI communities.



Sonya Zhu | Session Chair & Moderator

Sonya Zhu, MPP, MPH, works at the Center for Consumer Information and Insurance Oversight, within the Centers for Medicare & Medicaid Services (CMS). At CMS, Sonya works with states on Affordable Care Act (ACA) health insurance reforms. She is also the Chairperson of the agency's AANHPI Employee Resource Group



Tenly Pau Biggs | SAMHSA

Tenly Pau Biggs, MSW, LMSW, is the Grants Coordinator for the Center for Mental Health Services at SAMHSA. She is the lead for the disparity impact statement and strategy work pertaining to the access, service use, and behavioural health outcomes of discretionary grants at SAMHSA. She is a member of a workgroup dedicated to implementing the HHS response to the Memorandum on Condemning and Combating Racism, Xenophobia, and Intolerance Against AAPI in the US. Tenly is also a licensed social worker and a Returned Peace Corps Volunteer who served in Niger.



Perry Chan | SAMHSA

Perry Chan is a Public Health Advisor at SAMHSA's Office of Behavioral Health Equity (OBHE). He leads a policy-driven initiative that aims to build capacity, increase the visibility, and highlight the unique role of CBOs serving under-resourced communities in behavioral health. Prior to joining SAMHSA, he spearheaded efforts in the overall management of the AAHI. As the Program Manager, he provided executive leadership on strategic planning, implementation, evaluation and administrative duties of AAHI's programs.



Kate Lu | Chinese Culture and Community Service Center (CCACC)

Huixing (Kate) Lu is the Director of CCACC Health Center, a community health center clinic to address a person's bio-psychological-social needs. As a Licensed Clinical Social Worker, she also provides counseling services to address mood disorders, adjustment issues and support for caregivers of children with special needs and dementia patients.



Sanjana Quasem | Asian American Health Initiative (AAHI)

Sanjana Quasem is the Outreach Program Coordinator for the AAHI. The AAHI is a part of the Department of Health and Human Services (DHHS) in Montgomery County, Maryland. She oversees the Health Promoters Program and serves as a liaison between AAHI and community leaders. She is an active member of the Muslim American community and has experience in outreach, youth education, and event planning. In addition she has a strong interest in health disparities and community development.

Session 1

BREAKING SILENCES: YOUTH MENTAL HEALTH & PARENT-CHILD COMMUNICATION

Saturday, July 16th | 10:15–11:45 AM (Regency Room)

This session will feature a youth and parent panel discussion on the specific challenges faced by AAPI youth and their increased risks for mental health difficulties, as well as an expert-led discussion on the importance of resilience and positive parent-child communication. Session will also include a youth panel featuring students who will speak about their experiences growing up Asian American and the importance of family communication on stress and mental health.

— GROUP A: ROBERT WOOD JOHNSON FOUNDATION CLINICAL SCHOLARS TEAM —



Juliana Chen | Session Co-Chair, Moderator & Child Psychiatrist

Juliana H. Chen, MD is a child and adolescent psychiatrist at Massachusetts General Hospital (MGH) and Newton-Wellesley Hospital (NWH), and a clinical instructor at Harvard Medical School. She serves as Associate Director of the MGH Center for Cross-Cultural Student Emotional Wellness and has special interest in supporting Asian American students and families.



Weiyang Xie | Session Co-Chair & Clinical Psychologist

Weiyang Xie, PhD is an Assistant Professor of Clinical Psychology at the Department of Psychiatry at the University of Illinois Chicago. She worked as the Clinical Psychologist & served the Chair of Diversity, Equity and Inclusion Committee of the Health & Wellness Unit at the University of Notre Dame, IN. She also serves as a consulting psychologist for UCA WAVES Program for Asian American youth mental health.



Justin Chen | Psychiatrist

Justin A. Chen, MD, MPH, is Medical Director of Ambulatory Psychiatry Services and Co-Director of Primary Care Psychiatry at Massachusetts General Hospital (MGH). He is also the Director of the MGH Center for Cross-Cultural Student Emotional Wellness and the Co-Director of Medical Student Education in Psychiatry at Harvard Medical School. He specializes in the treatment of adult mood and anxiety disorders and is dedicated to teaching and mentorship.



Jian (Lily) Chen | Nurse Educator

Jian (Lily) Chen, MA, RN, CNE, is a lecturer at North Carolina Central University Department of Nursing. She is a certified Mental Health First Aid (MHFA) instructor. Lily is a community organizer and has published multiple OpEds that have been featured in major US news outlets. Lily is UCA WAVES Project director, Senior advisor and previous Executive Director of UCA, and the founding President for UCA Illinois Chapter.

— GROUP B —



Bonnie Liao | Social Worker & Parenting Educator

Bonnie Liao 廖冰, PhD, MBA, is the founder of two nonprofit schools and two nonprofit summer programs. She has served as the general advisor since 2004 for the PCE (Parents and Children Education) Club, a parenting group in New Jersey. Bonnie has been giving EQ Parenting talks and conducting youth leadership trainings nationwide. Her professional interest is mental and behavioral health for youth and families. In 2019, she became a licensed social worker in clinical psychological counseling.



Session 2

AAPI MENTAL HEALTH AND ADVOCACY

Saturday, July 16th | 2:35–3:50 PM (Regency Room)

This interactive session will focus on impacts of the double pandemic of COVID-19 and anti-Asian racism on mental health of AAPI communities and families. Panelists will share best practices of community – based education and culturally informed mental health support, and engage and empower conference attendees to engage in mental health education and advocacy.



Xiaohong Gao | Session Chair

Xiaohong Gao, PhD, is an educational measurement professional trained in education, psychology, and psychometrics, with over two decades of technical and leadership roles. Since 2016, Xiaohong has consulted on program evaluations, developed surveys, and conducted statistical analyses for UCA. She currently leads the Research and Development team for UCA WAVES.



Daphne Kwok | Moderator

Daphne Kwok is the Vice President of Diversity, Equity & Inclusion, Asian American & Pacific Audience Strategy at AARP. Her work empowers AAPI to choose how they live as they age. Among her many accomplishments, she was appointed by President Barack Obama in 2010 to chair his Advisory Commission on AAPIs.



Jian (Lily) Chen | Nurse Educator

Jian (Lily) Chen, MA, RN, CNE, is a lecturer at North Carolina Central University Department of Nursing. She is a certified Mental Health First Aid (MHFA) instructor. Lily is a community organizer and has published multiple OpEds that have been featured in major US news outlets. She is also the UCA WAVES Project director, Senior advisor and previous Executive Director of UCA, and the founding President for UCA Illinois Chapter.



Hong Liu | MAHA Executive Director

Dr. Hong Liu is currently Executive Director of the Midwest Asian Health Association and is a well-recognized community leader dedicated to public health and charitable missions. She is among the funding members of three non-profit community-based organizations and works diligently toward improving the health and quality of life for AAPI populations.



Dr. Bei Wu | Research Director

Dr. Bei Wu is Vice Dean for Research and Dean's Professor in Global Health at the NYU Rory Meyers College of Nursing. She is also a Co-founder of the NYU Aging Incubator, a university-wide aging initiative. Currently, she is leading a NIH funded Asian Center for Health Promotion and Equity



Elaine Peng | NAMI Chinese & MHACC Founder

Elaine Peng is the founder of Mental Health Association for Chinese Communities (MHACC), otherwise known as NAMI Chinese. She is a renowned mental health advocate and educator in the United States, compelled by her and her family's own struggles with mental health, which is covered in Silent War.

Session 3

DESTIGMATIZING MEDICATIONS

Saturday, July 16th | 4:00-5:00 PM (Calvert Room)

Join us for a discussion on addressing the prescribing of psychiatric medications, led by psychiatrists who work with adults and children, as well as community leaders and those with lived experience as patients navigating the mental health system.

In addition to a Q&A panel, we will be addressing the following:

- How do we think medications work?
- How long do medications take to work and what happens if a certain medication is not effective?
- Factors behind treatment outcomes?
- Addressing common stigmas around taking medications.
- Who should I talk to about prescribing medications?



Sen Xu | Session Chair & Moderator

Sen Xu, MD, is currently a staff psychiatrist at Brigham and Women's Hospital with affiliation at South Cove Community Health Center. He is committed to help destigmatize mental illness in the Asian-American community, and to be an active voice in addressing racial inequity, social stigmatization, and systemic discrimination.



Janie Cao | Child Psychiatrist

Janie Cao, MD, MPH, was born in China and immigrated to the U.S.A. as a child. Her early personal experiences with acculturation and Christian faith have grounded her in values of altruism, diversity, equity and inclusion that have shaped her academic and professional trajectory. She is excited to be here representing Yale CHATogether.



Jessica Ouyang | Child & Adolescent Psychiatrist

Jessica Ouyang, MD, is a child & adolescent psychiatrist at MedStar Georgetown University Hospital. Her clinical work involves integrated mental health care in primary care pediatrics and obstetrics/gynecology. She is also a fellowship-trained perinatal/reproductive psychiatrist from Brown University/Women & Infants Hospital of Rhode Island.



Ren Li | Parent Ambassador Lead

Ren Li, MBA, Youth Life/Career Planning Specialist and Educator. She founded Cornerstone Education to provide education consulting and services to international students. She is a member of American School Counselor Association and Association of International Educator. She serves as former President and founding board member of UCA IL, Council Member of Cook County 4H, board member of Center for Future Innovators. She has been serving the WAVES Parent Committee to promote mental health for Asian youth.



Tianyao Tim He | Youth Ambassador

Tianyao Tim He is a 1.5 generation Chinese American. He worked as a Project Coordinator for the Robert Wood Johnson (RWJF) Clinical Scholars Project "Breaking Silences in the Model Minority" and began his MLA with a concentration in Psychology through Harvard Extension School.

Session 4

LGBTQ+ WORKSHOP

Saturday, July 16th | 3:15–4:30PM (Forum Room)



This workshop will start with a skit to explore “coming out”, and the challenges that can arise in this process. A panel discussion will follow to explore stereotypes about LGBTQ+ identities, mental health concerns, and ways to be a supportive ally.

Participants are invited to ask questions throughout the panel discussion.

A general Q&A will conclude the workshop.



Jessie Li | Session Chair & Moderator

Jessie Li, UCA WAVES Coordinator, is currently pursuing her Master's in Counselling Psychology at Adler University. She is passionate about mental health literacy, reducing mental health stigma, and fostering resilience. She aims to support AAPI communities and other marginalized groups, and advocates for the importance of intersectionality within mental health works.



Grace Chan McKibben | Parent

Grace Chan McKibben is Executive Director of Coalition for a Better Chinese American Community, a policy and advocacy organization based in Chicago's Chinatown. She is a well-respected leader in Chicago and Illinois and has held senior leadership experiences in higher education, government, corporate, consulting, and social services.



Serena Chen | Psychiatrist

Serena Chen, MD, completed her medical training at Western Michigan University Homer Stryker M.D. School of Medicine. She then moved to Boston for her psychiatry residency at Harvard South Shore, where she also served as the Chief of Wellness. In addition to her psychiatric training, she trained at the Boston Psychoanalytic Society and Institute as a fellow. She is passionate about advocacy and is a psychiatric consultant for UCA WAVES.



Jenny Deng | Youth

Jenny Deng is a rising high school junior from Chicago currently living in Texas. She is an aspiring writer with enough years of classical piano to meet Asian parent expectations (though her love for Debussy is entirely of her own free will). She is passionate about AAPI and LGBTQ+ issues and representation, youth mental health advocacy, and political literacy and participation.



Jason Li | Editor

Jason Li is a medical student at Harvard. His interests lie in mental health, race and medicine, and health equity and justice. During his college years at Stanford, he served as a Northern California Ambassador to the White House Initiative on AAPIs, and wrote and performed in culturally tailored, theatrical mental health workshops for Asian American families with Stanford CHIPAO (Communication Health Interactive for Parents of Adolescents and Others).



Jennifer Tu | Editor

Jennifer Tu, MD, WAVES Psychiatrist Consultant and previous WAVES Coordinator, is a graduate from the Duke School of Medicine. She is currently completing her psychiatry residency at UCLA. Jennifer grew up hearing about her parents' stories of survival and has worked towards reconciling their tales of loss, immigration, and resilience with her own. She is committed to promoting mental health and wellness, addressing transgenerational trauma, and advocating for antiracism.

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Appendix 1: UCA Milestones

Appendix 2: WAVES flyers



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