Chinese American Convention
& UCA National Youth Convention

美国华人大会暨UCA全国青年大会
Building a Civically Engaged Community

Chinese American Convention

Omni Shoreham Hotel
L2500 Calvert St NW, Washington, DC 20008

July 14-16, 2022

UCA National Youth Convention

UNITED CHINESE AMERICANS

https://ucausa.org
info@ucausa.org
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Welcome to the 2022 UCA Chinese American Convention and its Inaugural National Youth Convention!

It has been a heck of a time in the four years since our last convention. These last four years have been unprecedented in the recent history of the Chinese American community. Not only have we experienced the historic natural disaster of the COVID pandemic, but also equally historic man-made disasters like the wave of anti-Asian hate crimes, and the widespread unfair and unjust prosecutions of many professors and researchers of Chinese descent by our own government.

At this moment in history, United Chinese Americans (UCA) and thousands of its supporters and partner organizations have come together and stepped up to mobilize for our community like never before. From creating the nationwide “Food of Love” food drive for people in need during the pandemic to spearheading the various GOFUNDME campaigns to help the defense of those unjustly prosecuted, to organizing and training our next generation on a national scale, UCA has always been on the frontlines—giving our best to the country and fighting for your future. As we deal with these issues, we have therefore grown stronger and more united as a community.

This convention is a great opportunity for us to celebrate our accomplishments, to learn new ideas from each other, and to make some new friends. Through this convention, we will redouble our commitment to build a better and stronger Chinese American community together with you, as we continue our struggle for a more perfect Union for all Americans.

We warmly welcome you to the UCA convention and hope you will have a great time in Washington DC!

Jinliang Cai
Chairman of the Board
United Chinese Americans (UCA)

Haipei Shue
President
United Chinese Americans (UCA)
The UCA Congressional Delegation will meet with Members of Congress to hold robust dialogues on a broad set of social and political issues affecting our community. This year, as our nation emerges from the COVID-19 pandemic, the issue of anti-Asian hate crimes as well as the deteriorating U.S.-China relationship are top-of-mind concerns for UCA and the Congressional Delegation. We will encourage our legislators to leverage UCA as a partner and resource as we work together to address these critical issues facing our community and our nation, and as we lead a way forward.

Helen Shih
Advocacy consultant and Vision-Mission coach, former UCA board member

Fulton Jia Xing Hou
Convention assistant manager

Yiling Zhang
Political strategist, DC Statehood advocate, health care executive

Aryani Ong
American civil rights attorney, community leader, activist

Steven Pei
At-Large UCA board member, the Chair of UCA Governance Committee

THU JULY 14, 2022
WASHINGTON, DC

Training Session
Congressional Visit
1:00-3:00 PM Empire Room Session Chair: Monica He
4:00-6:00 PM Capitol Hill, DC

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Fund Our Community Like An Angel

UCACF works like an “angel investor” to fund charity projects. UCACF provides micro grant ($500-$5,000) to fund grassroots charity projects sponsored by local Chinese American community organizations.

The purpose of a recipient project should be aligned with UCA’s mission. It should have the potential to create significant social impact.

The application process is simple and fast. All applications will be reviewed by a review committee once a month. If you are interested in joining us or donating, please write to us: ucacommunityfund@gmail.com

JOIN US TODAY TO DONATE LIKE AN ANGEL

WWW.UCACF.ORG
Thursday
JULY 14 2022

UCA CONVENTION & YOUTH CONVENTION

All locations at Omni Shoreham Hotel unless otherwise noted.

8 AM
9 AM
10 AM
11 AM
12 PM
1 PM
2 PM
3 PM
4 PM

Conventions Registration
Lobby & Reception

UCA Congressional Visit
Training Session
Empire Room

4 PM
5 PM
6 PM
7 PM
8 PM
9 PM
10 PM
11 PM
12 AM

Conventions Registration (cont.)
Lobby & Reception

Congressional Visit
Onsite: Capitol Hill
Virtual: Empire Room

UCA Welcome and Congressional Reception
Diplomat Room

My Yang Gang Diary
Screening and Networking
Regency Room

Round Table Discussion
Empire room
Welcome & Opening Remarks
Grace Meng & Judy Chu
Regency Room

Panel #1: "China Initiative" And Our Fight for Equality and Justice in America
Regency Room

Panel #2: US-China Competition And Its Implication for Chinese Americans
Regency Room

Community & AAPI Youth Organizations Showcase (I & II)
Exhibition & Silent Auction w/ UCA Youth Leadership Council
Ambassador Room

Luncheon:
Speakers from White House
WHIAANHPI
Regency Room

Live Poll: Chinese American Values & Identity
Regency Room

Panel #3: Cross-Culture Tri-Diaspora Dialogue
Regency Room
UCA CONVENTION & YOUTH CONVENTION

All locations at Omni Shoreham Hotel unless otherwise noted.

4 PM

Photo Session
Ambassador Room

5 PM

Community & AAPI Youth Organizations Showcase (II)
Exhibition & Silent Auction (cont.)
Ambassador Room

6 PM

Silent War Screening & Discussion + SAMHSA Workshop
Regency Room

7 PM

Round Table Discussion
Forum, Governor, Calvert, Council, Cabinet
(See page 30 and 31 for details)

8 PM

Self-Organized Networking
Palladian Room

All locations at Omni Shoreham Hotel unless otherwise noted.

Dinner Break
(Dinner not served)
Saturday
JULY 16 2022

8 AM
Opening Remarks
Regency Room

9 AM
Panel #4: Past, Present & Future of Chinese Americans
Regency Room

10 AM
Breakout Session: Small Business (I)
Governor Room

11 AM
Breakout Session: Nonprofit Fundraising
Executive Room

12 PM
WAVES: Parent-Child Communication (I&II)
Regency Room

1 PM
Luncheon: UCA Program
Regency Room

2 PM
Panel #5: Grassroots Activism and Advocacy
Regency Room

3 PM
Community & AAPI Youth Organizations Showcase (III)
Exhibition & Silent Auction w/ UCA Youth Leadership Council
Ambassador Room

4 PM
Breakout Session: Small Business (II)
Calvert Room

K-12 Education & AAPI Museum
Executive Room

WAVES: Mental Health Advocacy
Regency Room

15min Break
Gala Dinner and Awards Ceremony
UCA and UCA Youth Leadership Council

15min Break

4 PM
5 PM
6 PM
7 PM
8 PM
9 PM
10 PM
11 PM
12 AM

Pre-Gala Cocktail Reception & Live Auction
Regency Gallery & Ambassador Room

WAVES: LGBTQ+ (cont.)
Forum Room

Breakout Session: Why We Ran For Political Office
Governor Room

K-12 Education & AAPI Museum (cont.)
Executive Room

WAVES: Demystifying Medication
Calvert Room

Round Table Discussion
Multiple discussions are being held between and after the convention sessions. See page 30 and 31 for detailed schedule and location information.
"IF YOU WANT TO GO FAR, FLY TOGETHER."

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华人大会圆满成功!

美华商联

CONTACT: Leo Huang (858) 335-2832 leohuang@ucbpartners.com
We will hear from a wide range of speakers on the impact and ripple effects of the DOJ’s China Initiative and the potential implications on Chinese American civil rights. We will hear from legal experts as well as from Prof. Anming Hu of the University of Tennessee, Knoxville, the first academic to stand trial under the China Initiative, and his team. After the trial, the jury deadlocked, the judge declared a mistrial, and ultimately issued a full acquittal on the basis that the government failed to meet its evidentiary burden. This panel will discuss the case and what it revealed about the U.S. government’s China Initiative, public anti-China sentiment, and the challenges facing the Chinese American community.

**UCA Welcome & Congressional Reception**

7:30-9:30 PM
Thu July 14, 2022
Diplomat Room

We welcome all UCA 2022 Convention Participants to join us for an evening of introductions and mingling. The UCA Welcome & Congressional Reception will pay tribute to the Chinese-American and Asian-American Communities, and celebrate our unity along with our contributions to American culture and society.

**Agenda:**
- Welcoming Remarks: UCA President Haipei Shue
- Additional Brief Remarks by Congressional and Community Leaders
- Introduction of 2022 UCA Convention Sponsors

**Friday Opening Remarks**

8:30-9:00 AM
Fri July 15, 2022
Regency Room

Welcome to the 2022 UCA Chinese American Convention and its Inaugural National Youth Convention!

**Panel #1: "China Initiative" And Our Fight for Equality and Justice in America**

9:00-10:00 AM
Fri July 15, 2022
Regency Room

**Panel #2: US-China Competition & Its Implication for Chinese Americans**

10:15-11:30 AM
Fri July 15, 2022
Regency Room

In this special panel, we will hear from four leaders who are all actively engaged in promoting peace and collaboration between the U.S. and China, their thoughts on how the future trajectory of U.S.-China relations will impact the lives of Chinese Americans, and their thoughts on how we can help shape it for the better.

**PLANETARY SESSIONS**

**Min Fan**
Moderator
Executive Director, US Heartland China Association

**Trita Parsi**
Executive Vice President
Quincy Institute for Responsible Statecraft

**Craig Allen**
President, US-China Business Council

**Judge Julie M. Tang**
Co-founder, Pivot to Peace
Chinese immigrants first flocked to the United States in the 1850s, eager to escape the economic chaos in China and to try their luck at the California gold rush. Today, Chinese Americans make up the largest Asian population in the U.S., totalling 2.5 million, of which more than half are recent immigrants from China. This panel will discuss the various generations of Chinese Americans and their struggle for recognition and equality, and how to realize their vision for a strong, confident, and civically-engaged Chinese American community.

Friday Luncheon: Speakers from White House WHIAANHPI

12:00-1:15 PM
Fri July 15, 2022
Regency Room

Session Chair: Laura Liu

Panel #3: Cross-Culture Tri-Diaspora Dialogue

2:00-3:00 PM
Fri July 15, 2022
Regency Room

How do the Indian American community and the Jewish community or diaspora preserve, adapt, and renew their culture, values and identity in comparison with the Chinese American community? How do their practices differ from the Chinese practices? What can we learn from them? Could we develop common strategies together in a multi-ethnic democracy like ours?

Saturday Luncheon: Introducing UCA Programs & Milestones

12:00-1:30 PM
Sat July 16, 2022
Regency Room

This presentation showcases past and current programs in UCA and highlights some key milestones since the its foundation, especially since last Chinese American Convention in 2018. During pandemic years, UCA adapted to both online and offline activism, education, and seminars to always stay relevant to the current community interest.

Panel #4: Past, Present, and Future of Chinese Americans

8:50-10:00 PM
Sat July 16, 2022
Regency Room

Session Chair: Steven Feng Zhu
Panel #5: Grassroots Advocacy & Activism that Have Changed the Chinese American Community

1:30-2:30 PM  
Sat July 16, 2022  
Regency Room

Chinese American community has been going through a changing and challenging time. Historically not known for social advocacy or political activism, this community has in recent years woken up and starts to chart its own course that will have major impact for its future. Three representatives of rising activism are sharing their experience.

Ying Cao  
Founder and President US WeChat User Alliance (USWUA)

Michelle Lau, OMD  
Chair of American Alliance of Acupuncture

Kit Lam  
SF School Board Recall Campaign Organizer

Vincent Wang  
Moderator  
Chair, Ohio Chinese American Association

SB #1: Federal Opportunities & Contracting

10:15-11:00 AM  
Sat July 16, 2022  
Governor Room

A representative from MBDC Department of Commerce will present on programs helping minority businesses nationwide. MBDC's efforts include assistance in financing and business loans, training, teaming and recognition once your business grows successfully. Mr. Yuan has 24 years of firsthand experience working with the SBA and he will present SBA's certification programs, including minority, women, veteran, and disabled veteran businesses.

Wenbin Yuan  
Vice President of Wisconsin Chinese Chamber of Commerce (WCCC)

Speaker  
From DOC MBDC

SB #2: Chinese Business in the American Mainstream

2:45-3:45 PM  
Sat July 16, 2022  
Calvert Room

Successfully working with local governments and large corporations requires qualifications and experience. The unique experiences of session speakers Handy Li and Leo Chan in working with government and large corporations give them unique insight into how to best perform in the US mainstream.

Hardy Li  
Chairman, CONPAC Group

Leo Chan  
Former Board Member, Chinese Chamber

Fundraising for Startup/Grassroots Nonprofits

11:00-11:45 AM  
Sat July 16, 2022  
Executive Room

Are you struggling with fundraising for your startup or grassroots nonprofit organizations? Are you suffering from always paying all of the expenses of your organization from you and your volunteer team's pockets? Do you want to strengthen your organization and advance its mission through fundraising but don't know where to start? Do you want to learn from experienced fundraising experts and phenomenal organization leaders? — We prepared this panel for you. — Come to this golden opportunity to discuss your questions and concerns directly with experts and leaders.

Anthony Ng  
Executive Director, Civic Leadership USA (CLUSA)

Iris Zhao  
Program Director, Chinese Friendship Association of Portland (CFAP), Oregon

Christine Chen  
Executive Director, Asian and Pacific Islander American Vote (APIAVote)

Kevin Hirono  
Director of Operations and Development, APIAVote
POLITICAL CAMPAIGN SESSION

Why We Ran For Political Office
4:00-5:00 PM
Sat July 16, 2022
Governor Room
To be determined.

K-12 EDUCATION AND AAPI HISTORY SESSION

AAPI History is American History: Initiative on K-12 Education and a National Museum
3:15-4:30 PM
Sat July 16, 2022
Executive Room

Two exciting major initiatives are changing the “perpetual foreigner” bias suffered by generations of Asian Americans, establishing the National AAPI Museum on the National Mall in DC, and teaching AAPI history and contributions in K-12 schools. Advocates involved in both projects share the achievements and ongoing work that will address biases from their roots and update our national identity from the white-black dichotomy to a truly multiethnic and multicultural society.

Session Chairs: Dr. Zhida Song-James, Chen Zhou

NETWORKING SESSIONS

Self-Organized Networking Party
8:30-11:00 PM
Fri July 15, 2022
Palladian Room

Session Chair: Bing Zhang

Silent Auction
11:30 AM-12:00 PM Fri July 15
3:15-4:30 PM Fri July 15
1:00-1:30 PM Sat July 16, 2022
Session Chair: Linda Bi

We hope this activity will link donors and bidders as an opportunity to network, while also benefiting UCA. As the saying goes, “Numerous small streams flow into the mighty ocean”. During these challenging times, we need the financial support and we are sincerely grateful of all of the generous contributions!

Pre-Gala Reception & Live Auction
5:30-6:45 PM
Sat July 16, 2022
Regency Room

Session Chair: Linda Bi

Gala & Award Dinner
7:00-9:00 PM
Sat July 16, 2022
Regency Room

Join us in an evening of celebration of this past year as a community. There will be lively performances and award presentations to leaders across the country. It will be a night to remember!

Session Chair: Karina Hou

Chen Zhou
Moderator
Minnesota Chinese Friendship Garden

Laura Liu
President of Parents and Children Education Club (PCE Club)

Dr. Yifeng Hu
Associate Professor of Communication Studies & AAPI Advocate

Fan Jiao
Distinguished Engineer Retired; a Founding Benefactor of 80-20 Initiative

Bryan Zhao
High school student

Christina Huang
Make Us Visible NJ, MUVNJ Youth Coalition

Karina Hou
Artist, Musician, and Educator; Chairman, MIFF

Hardy Li
Chairman, CONPAC Group

Fulton Hou
Convention Manager Assistant

Kariina Hou
Artist, Musician, and Educator; Chairman, MIFF
Powermax offers a full line of products that includes a portfolio of Ultra Alkaline, Heavy Duty, Power Stations, and Hearing Aid batteries.

ACDelco

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For over 100 years, ACDelco’s consistent positioning has given consumers a clear perception that the brand stands for the most dependable quality parts.
Andrew WHO? Andrew YOUNG? What, $1000?! Almost everyone was surprised, some ridiculed him, others stood by the sidelines. However, many more readily lent their support to a political novice Andrew Yang and formed a diehard group self named ‘Yang Gang’. As they often say, the rest is history! Among thousands of Yang Gang, one documented the movement with her iPhone.

Screening: My Yang Gang Diary

9:30-11:00 PM  
Thu July 14, 2022  
Regency Room

Session Chair: Mingtao Jiang, Linda Li, Bing Zhang

See "WAVES" section for description and information on panelists.
**Screening: Far East Deep South**

8:45-10:00 PM  
Fri July 15, 2022  
Regency Room

*Far East Deep South* is an award-winning feature documentary that explores the unspoken history of early Chinese immigrants living in the segregated American South. It follows the Chiu family on a surprising journey through Mississippi in search of their lost family history, discovering how exclusionary immigration laws like the Chinese Exclusion Act of 1882 impacted their family and learning how deep their roots run in America.

Baldwin Chiu (Only Won)  
Hip Hop Artist, Actor,  
Producer, Performer

**Session Chair:** Jinliang Cai

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**WAVES Team Members**

---

18
WAVES is offering a total of 7 sessions!

UCA WAVES is a youth mental health collaborative that seeks to provide support to Chinese and Asian American families. Chinese/Asian American youth often suffer “silently” with stress, anxiety, and other mental health issues. Stigma against mental illness, social isolation, cultural expectations, identity issues, low mental health literacy, and lack of available Chinese-speaking or culturally sensitive mental health professionals are only some of the barriers that stand in the way of getting help. In response, we as a collaborative community are here to stand together and work towards Wellness, Advocacy, Voices, Education, and Support (WAVES).

waves@ucausa.org
www.ucausa.org/uca-waves/
ucawaves
Windfall Group

Founded in 2003 with the mission to engage with the community, support the community and improve the community, our portfolio encompasses a wide range of industries, with a focus in real estate development.

WINDFALL CORE BUSINESS

- REAL ESTATE
- SPAC
- IMPORT & MANUFACTURING
- EDUCATION
- FOOD & BEVERAGE SERVICE
- KITCHEN CABINETRY & COUNTERTOPS
- LIGHTING (ENERGY SAVING REBATE PROGRAM)
- SENIOR LIVING RETIREMENT COMMUNITY
- MIXED-USE
- RESIDENTIAL
#1: BREAKING SILENCES - Youth Mental Health and Parent-Child Communication

10:15-11:45 AM  
Sat July 16, 2022  
Regency Room

This session will feature a youth and parent panel discussion on the specific challenges faced by AAPI youth and their increased risks for mental health difficulties, as well as an expert-led discussion on the importance of resilience and positive parent-child communication. Session will also include a youth panel featuring students who will speak about their experiences growing up Asian American and the importance of family communication on stress and mental health.

Juliana Chen, MD  
Session Co-Chair, Moderator  
Psychiatrist, Massachusetts General Hospital (MGH)

Weiyang Xie, PhD  
Session Co-Chair  
Clinical Psychologist, Assoc. Prof., Univ.of Illinois Chicago

Justin Chen, MD, MPH  
Medical Director, Ambulatory Psychiatry Services; Co-Director, Primary Care Psychiatry at MGH

Lily Chen, MA, RN, CNE  
Project director, UCA WAVES; Senior advisor, Former Executive Director, UCA; Founding President, UCA-IL

Bonnie Liao, PhD, MBA  
Social Worker & Parenting Educator

Mini Session: SAMHSA Workshop

8:00-8:45 PM  
Fri July 15, 2022  
Regency Room

Federal resources and local strategies on addressing mental health needs of AANHPI communities

Substance Abuse and Mental Health Services Administration (SAMHSA) and community partners will discuss resources & strategies to support mental health in AANHPI communities. SAMHSA is an agency within the US Department of Health and Human Services that leads public health efforts to advance the behavioral health of the nation.

Sonya Zhu  
Moderator, Session Chair  
Centers for Medicare & Medicaid Services (CMS)

Kate Lu, LCSW-C  
Chinese Culture and Community Service Center (CCACC)

Tenly Pau Biggs, MSW, LMSW  
SAMHSA CMHS

Sanjana Quasem, MPH  
Program Manager, Asian American Health Initiative (AAHI)

Perry Chan, MS  
Public Health Advisor, Office of Behavioral Health Equity

Special Session: Silent War Screening

7:00-8:45 PM  
Session Chair: Lily Chen  
Fri July 15, 2022  
Regency Room

Join us for an exclusive preview of Silent War: Asian American Reckonings with Mental Health, by award-winning filmmaker, Changfu Chang. The film will be followed by an engaging discussion including the director, psychiatrist, and interviewees from the film.

Asian Americans endure some of the highest rates of mental distress, and yet, we are also among the least likely to seek help for it. This documentary profiles multiple members of our community stepping up to share their own battles with mental illness. Their accounts highlight the unique challenges we face as Asian Americans and the unspoken toll it has taken on us.

Changfu Chang, PhD  
Director  
Filmmaker

Justin Chen, MD, MPH  
Moderator, Medical Director, Massachusetts General Hospital (MGH)

Sandy Chen  
Youth Ambassador  
Student, UMBC

Elaine Peng  
Founder, Mental Health Association for Chinese Communities (MHACC)

Vincent Tu  
Certified Counselor
#2: AAPI Mental Health and Advocacy

2:35-3:50 PM  
Sat July 16, 2022  
Regency Room

Session Chairs: Xiaohong Gao

This interactive session will focus on impacts of the double pandemic of COVID-19 and anti-Asian racism on mental health of AAPI communities and families. Panelists will share best practices of community-based education and culturally informed mental health support, and engage and empower conference attendees to engage in mental health education and advocacy.

Dr. Hong Liu  
Executive Director, Midwest Asian Health Association (MAHA)

#3: Destigmatizing Medications

4:00-5:00 PM  
Sat July 16, 2022  
Calvert Room

Session Chair: Sen Xu

Join us for a discussion on addressing the prescribing of psychiatric medications, led by psychiatrists who work with adults and children, as well as community leaders and those with lived experience as patients navigating the mental health system. In addition to a Q&A panel, we will be addressing the following:

- How do we think medications work?
- How long do medications take to work and what happens if a certain medication is not effective?
- Factors behind treatment outcomes?
- Addressing common stigmas around taking medications.
- Who should I talk to about prescribing medications?

Daphne Kwok  
Moderator, VP AARP, Former Executive Director of OCA

Lily Chen, MA, RN, CNE  
Project director, UCA WAVES; Senior advisor, Former Executive Director, UCA

Elaine Peng  
Founder, Mental Health Association for Chinese Communities (MHACC)

Dr. Hong Liu  
Executive Director, Midwest Asian Health Association (MAHA)

Dr. Bei Wu  
Vice Dean for Research & Dean’s Professor, NYU Rory Meyers College of Nursing

#4: LGBTQ+ Workshop

3:15-4:30 PM  
Sat July 16, 2022  
Forum Room

Session Chair: Jessie Li

This workshop will start with a skit to explore “coming out,” and the challenges that can arise in this process. A panel discussion will follow to explore stereotypes about LGBTQ+ identities, mental health concerns, and ways to be a supportive ally. Participants are invited to ask questions throughout the panel discussion.

Jessie Li  
Moderator, Session Chair  
UCA WAVES Coordinator  
Graduate student

Jenny Deng  
High school student

Grace Chan McKibben  
Executive Director, Coalition for a Better Chinese American Community

Serena Chen, MD  
Psychiatrist  
Psychiatric consultant for UCA WAVES

Jennifer Tu  
Editor, WAVES Psychiatrist Consultant and previous WAVES Coordinator

Special Session: AAPI Youth Community Showcase

1:00-1:30 PM  
Sat July 16, 2022  
Ambassador Room

1:30-3:00 PM  
Sat July 16, 2022  
Empire Room

In conjunction with UCA Youth Leadership Council.
Community Mental Health Clinic

The Midwest Asian Health Association (MAHA) is a non-profit, 501(c)3 organization established in 2003 with a mission to reduce health disparities for Asian American and Pacific Islanders in the Midwest.

We provide culturally-sensitive mental health services to Asian American & Pacific Islander, Asian immigrant, and other low-income minority populations in the Midwest. Our mental health program is CARF accredited.

Services in English, Mandarin, and Cantonese

Services include:
- Individual, Couples, and Family Therapy
- School Consultations
- Community Support
- Mental Health Workshops
- Psychiatric services

We accept:
- General Medicaid
- Medicaid MCOs
- Sliding scale self-pay fees

Telehealth / remote services available

Bilingual Intake Line 预约 (中/英文)
Phone: (312) 285-2287 Email: intake@maha-us.org
Website: https://maha-us.org/community-mental-health-clinic/
Monday thru Friday: 9AM to 5PM
238 W Cermak Rd., 2nd Floor - 2A, Chicago, IL 60616
8 AM
Opening Remarks
UCA President Haipei Shue
Empire Room

9 AM
Panel #1: Civic Activism & Political Engagement (w/ Q&A)
Empire Room

10 AM
Luncheon

11 AM
Panel #2: Forging Identity (w/ Q&A)
Empire Room

12 PM
AAPI Youth Org. Presentation
UCA Youth Leadership Council
Empire Room

1 PM
AAPI Youth Org. Showcase
UCA Youth Leadership Council
Ambassador Room

2 PM
Session M1: Volunteering & Civic Engagement Workshop
Governor Room

3 PM
Session M2: Intergenerational Dialogue
Empire Room

Session M3: College Student Networking
Calvert Room
YOUTH CONVENTION

All locations at Omni Shoreham Hotel unless otherwise noted. For July 14 and 15, see UCA Convention Agenda.

Saturday, July 16, 2022

3 PM
Session A1: High School & College Student Career Roundtable
Empire Room

4 PM
Session A2 w/ WAVES: LGBTQ+
Forum Room

5 PM
Session A3: K-12 Education & AAPI Museum
Executive Room

15min Break

7 PM
Gala Dinner and Awards Ceremony
UCA and UCA Youth Leadership Council
Regency Room
Panel #1: Civic Activism & Political Engagement: Belonging Through Action

8:40-9:50 AM
Sat July 16, 2022
Empire Room

This panel of both experienced and young activists will discuss the amazing impacts they have made, their inspirations and future plans, Asian power in politics, community-centered advocacy, and socio-political representation, with a focus on amplifying AAPI youth voices and involving more youth into active engagement.

Session Chairs: Hong Qi, Laura Liu

Panel #2: Forging Identity: From Fusion to Fulfillment

10:00-10:40 AM
Sat July 16, 2022
Empire Room

The Chinese American identity has often been described as either “the best of both worlds” or “caught between two worlds.” Our distinguished panelists who courageously forged unique identities and career paths will share their personal quest and evolution toward belonging, confidence and personal fulfillment. Their stories will inspire today’s youth to transcend limiting stereotypes and develop to their full potential.

AM BREAKOUT SESSIONS

M1: Civic Engagement and Volunteerism Workshop

11:00 AM-12:00 PM
Sat July 16, 2022
Governor Room

Pride and Power: Building Community Through Civic Volunteerism

The Civic Engagement and Volunteerism Workshop will feature speakers that include Ohio District 56 Candidate Sam Cao and leaders of civic engagement organizations such as Dear Asian Youth, Youth Voting Initiative, and Detester Magazine. The panelists will discuss Asian American voter issues and barriers to political power, alignment with local policy and candidate campaigns, and as well as civic engagement initiatives of student-led youth organizations. This breakout is intended to spark interest in political participation among young people and encourage them to pursue movements that speak to them, ultimately mobilizing AAPI youth to challenge a reality of political disenfranchisement.

11:00 AM-12:00 PM  
Sat July 16, 2022  
Empire Room

Parenting is often extra challenging for bicultural families, especially during adolescence when the children seek more independence and explore their own identities. This session will facilitate two generations’ mutual understanding and demonstrate communication methods that build empathy, reduce tension and increase well-being.

Maggie Li  
Family Therapist Serving the Chinese American Community

Tong Liu  
High School Student, NJ

Jingshan Zhang  
Advocate of Parent Education and Non-Violent Communication

Laura Liu  
President of Parents and Children Education (PCE) Club, UCA executive member

Gordon Li  
Student leader, NYU Stern School of Business

This breakout session gives all college students and rising college freshmen an opportunity to network, share unique experiences, learn from each other, and explore new ideas and initiatives. In particular, students will meet the president of UCA, Haipei Shue, and have the opportunity to discuss their interests, issues, and concerns with him, and explore UCA’s initiative to form a National Chinese American College Students Association (NCACSA), similar to the Jewish students organization Hillel, and ultimately, nurture a youth movement to change our community.

Luncheon Remarks

12:00-1:00 PM  
Sat July 16, 2022  
Empire Room

Yuh-Line Niou  
New York State Assemblymember

M3: College Students Networking: How to Enrich Chinese American Student College Life

11:00 AM-12:00 PM  
Sat July 16, 2022  
Calvert Room

Calling all high school and college students to join passionate and dedicated working professionals in a roundtable. Panelists with successful and fulfilling careers in business, law, technology and government share reflections on their unique career paths to inspire youth to explore career choices that match their own strengths, aspirations and callings. Students will receive opportunities to ask these accomplished individuals questions about their work and how their identities have affected their journeys to where they are today. This is a great chance to network and learn something new at the Convention!
A2: LGBTQ+ Workshop

3:15-4:30 PM  
Sat July 16, 2022  
Forum Room

Session Chair: Jessie Li

In coordination with UCA WAVES. See previous section for details.

A3: AAPI History is American History: Initiative on K-12 Education and a National Museum

3:15-4:30 PM  
Sat July 16, 2022  
Executive Room

Session Chairs: Dr. Zhida Song-James, Chen Zhou

In coordination with UCA Convention. See previous section for details.

UCA Youth Leadership Council: AAPI Youth Organizations Showcase and Presentation

1:00-1:30 PM  
1:30-3:00 PM  
Sat July 16, 2022  
Ambassador Room  
Sat July 16, 2022  
Empire Room

Hermann Liu  
Venture Capital Investor

Hua Wang  
Division Associate Head at Boston University

Nan Li  
VP at Nationwide Insurance

Janice Peng  
Secretary of UCA Leadership Council

Abigail Hing Wen  
Author, Producer, and Lawyer

Aiyi "Jessie" Liang, Aijia Liang, Chung-Hao "Jonah" Liang and Family

Liang-Qi "Shelly" Yu, Tina Liang and Family

AND BEST WISHES TO UCA'S 2022 CHINESE AMERICAN CONVENTION!

AND BEST WISHES TO UCA'S 2022 CHINESE AMERICAN CONVENTION!
PURE POWER!
马拉松花旗参, 纯能量!
715-5712426
6:15-7:15 PM JT Wu
Values-Based Messaging in election campaigns to engage Chinese Americans

9:00-10:15 AM Ching Juhl
Digital Smartypants: How to use mobile phones to make film?

11:45-1:00 PM Haipei Shue
Pizza party at President’s Suite: Future of UCA with President Haipei Shue

10:30-11:45 AM Hardy Li
China University of Geosciences Alumin Association USA
5:45-6:45 PM Helen Shih, Kyle Van Fleet
Civic Engagement 101: how to promote facts with meaningful dialogues and fight disinformation

5:45-6:45 PM SC Arnold Chu
Heart2Heart and Head2Head: Changing the media narratives

9:00-10:15 AM Leo Huang
UCBP and more

9:00-10:15 AM John Lee
Chambers & businesses roundtable

9:00-10:15 AM Cathy Peng
Professional networking & career advancement

10:30-11:45 AM Hui Wang, Qing Ge, Gary Yu
The recent development and future plans of Chinese organizations in New England

10:30-11:45 AM Michelle Lau
The power of the people: Understanding strategy and process within the US federal legislative

5:45-6:45 PM Helen Shih
Environmental/climate advocacy with green investments

5:45-6:45 PM Ray Liang
Shanghang Hakka Association of America (SHAA) event

5:45-6:45 PM Nancy Chen
Networking session with Chinese American women community leaders

5:45-6:45 PM Jack Ding
Community Services and Local Politics

5:45-6:45 PM Melissa Green
Executive coaching and leadership

7:30-9:30 PM Yunzho Hu
Introduction to Divine Dharma meditation

9:00-10:15 AM Hongmei Li
Growing up as Chinese Americans

10:30-11:45 AM Cixin Wang
Culturally adapting mental health interventions for Chinese American families

9:00-10:15 AM Hongmei Li
Professional networking & career advancement
My name is Arnold Chu. I’ve been involved with the Chinese American community all my life. I have worked on immigrant education, voter registration, scholarships, and Chinese arts and education over the decades. I am on the Board of the Asian Financial Society and the New York Chinese Cultural Center as well as the MIT Chinese Alumna Group.

One major lesson that I have learnt along the way is that social change depends on changing people’s beliefs and perception. And that cannot be done through rational persuasion alone. This Round Table will explore how we can create our own stories that reach the hearts of all Americans. How do we change the mainstream views/assumptions about CA both at the emotional and rational levels? What stories should we tell? What media should be used?

Cathy Peng co-founded MyT.coach, providing “personal boards of directors” from career coaches tailoring professional guidance and founded Cathy’s Fun Fitness Dance non-profit delivering well-being to over 200,000 participants. Cathy’s MBA is from the University of Chicago. Awards: Business Leader of Color, Emerging Executive and “Top 10 Women CEO’s of 2022”.

Networking and career advice, including coaches and senior level executive participants from different parts of the country and representing various industries. MyT.coach is a platform that connects professionals seeking workplace results with executive coaches, trainers and mentors that tailor their support for the desired transformation and outcomes needed in each unique career journey.

Ching Juhl 陈清 is a Shanghai born, NYC based filmmaker, violin teacher and media producer. As a filmmaker, she traveled to 12 cities and documented Andrew Yang’s 2020 presidential campaign. Her doc My Yang Gang Diary, shot on iPhone won three Best Feature Film awards in Canada, Italy and USA festivals.
Founder of the Juhl Media, Ching Juhl has created hundreds of videos, shot/edited with iPhones. She has been teaching Smartphone Video Production at Touro College, Socially Relevant Film Festival NY, MG Workshop and Clubhouse. Juhl Media has posted 730 videos, and has 5300 subscribers on YouTube.

Dr. Cixin Wang is an Associate Professor and licensed psychologist in School Psychology at University of Maryland, College Park. Her research focuses on bullying prevention and mental health promotion among children and adolescents, especially for Chinese American families. She has been culturally adapting parenting & SEL interventions for Chinese Americans.

Many parenting/SEL programs are often created from a Euro-centric framework and may contradict the parenting beliefs and child-rearing practices that are common in Chinese American families. Attendees will join the discussion about unique challenges and strengths of Chinese American families, and how to improve interventions for parents and youth.

Gary Yu is the founder and chairman of Boston International Media Consulting and Boston Asian Radio and TV (BARTV). He is a national board member of UCA and member of UCA executive team. He is Chair of Communication Committee Chairman of 2022 UCA Chinese American Convention. He also is president of APAPA Boston Chapters, President of North American Hangzhou Association, President of North American Nanning Association, and board member of NECAA.

Dr. Helen Shih is an advocacy consultant and Vision-Mission coach. She is a former member of the UCA board who coordinated the Congressional Visit in 2018 and 2022 conventions. She supports UCA in leadership and youth development, in Chinese American identity, civic engagement, and environmental advocacy.

Attendees will join the discussion on how to support environmental and climate actions, how to become more civically engaged and have an impact in such processes. We will also invite those who are interested in promoting and investing in environmental products, renewable energy, and sustainable solutions to save our ecosystem.

Prof. Hua Wang is currently the Associate Head of Division of Systems Engineering at Boston University. He was a faculty member with Duke University, and a program manager with U.S. Army Research Office. He is the Co-President of the Chinese American Association of Lexington (CAAL) and serves on the boards of Lexington Historical Society and Cary Memorial Library Foundation. He is a national board member of UCA, Co-President of UCA-MA, and the founding Co-Chair of New England Chinese American Alliance (NECAA).
Jack Ding is a first generation Chinese-American immigrant and came to US to study MBA in 1993. As an Enrolled Agent with IRS, he is a service provider and advocate to represent taxpayers since 2007. He was elected as Sonoma City Council in 2020, and selected as Mayor in 2021.

Attendees will join the discussion on how to participate in local politics starting by volunteering community work and how to success to become local leader.

John J. Lee worked as a Research Assistant & Associate at Chinese Academy of Sciences for 10 years, served as Principal Investigator for 4 science projects. After receiving his PhD, he worked as a Senior Research Specialist at the University of Arizona. In 2005, Dr. Lee funded Pacificspan LLC to service mainly federal agencies such as GSA, DOD, DOJ, DOI, etc.

All Chinese businesses, Chambers, and other relevant organizations participated in this session will have a chance to showcase their experiences and achievements. Comments, suggestions, and proposals are encouraged to promote further cooperation among Chinese business entities at national and regional level.

Jonathan “JT” Wu (邬颂安) serves as the Executive Director of Emerging Voters – a 501(c)(4) organization enhancing Asian American civic engagement through in-language values-based messaging. Named one of Georgia’s Top 25 Most Influential Asians, JT works to defend the American Dream for all by blending private-sector best-practices with extensive public-sector and political campaign experience.

Our nonpartisan session will be an interactive and participatory roundtable digging deeper into the language, values, framing, and messaging preferences that can be effective in speaking to the Chinese American experience. With the 2022 midterm elections just around the corner, participants will leave with an innovative roadmap for civic engagement.

Kyle Van Fleet (he/him/his) is the Strategic Communications Associate at APIAVote, where he leads the organization’s efforts to monitor mis- and disinformation regarding democracy, elections, and harmful narratives impacting/originating from AAPI communities. Prior to APIAVote, Kyle monitored mis- and disinformation at GQR during the 2020 election cycle.

Join Kyle Van Fleet as he discusses the disinformation landscape in AAPI communities, the work APIAVote is doing to combat it, and tactics to confront mis- and disinformation as an organization and as an individual.
Melissa Green, DHSC, MPH is a certified executive and professional coach. She is a deputy director for team-based leadership and grants programs at the University of North Carolina at Chapel Hill. Melissa’s experience includes 20 years managing and consulting on equity focused and community-engaged health intervention studies.

Coaching is a structured process between a leader and a trained facilitator to produce positive changes. Attendees will discuss the role of executive and professional coaching in individual leadership development and organizational culture. The session is geared towards middle managers and is relevant to individuals at any career level.

Nancy Chen is president of Chinese American Women in Action-CAWA. She was Regional Administrator of the Women’s Bureau, USDOL. She also served as Chicago Director of U.S. Senator Paul Simon and later Director of Asian American Outreach at President Clinton’s Office of Presidential Personnel.

Chinese American women have been the driving force in our community as parents, professionals and advocates. Come and join us in this networking session to share your success and challenges to help us learn from one another. Bring your business card.

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<thead>
<tr>
<th>Start</th>
<th>End</th>
<th>Host</th>
<th>Round Table Discussion Host Topic</th>
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<tr>
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<td>Johnson Tran</td>
<td>Introduction to Divine Dharma Meditation</td>
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<td>Bonnie Liao</td>
<td>Parent- Child Relationships</td>
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<td>United Chinese Business Partners (UCBP) and more</td>
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<td>China University of Geosciences Alum Association USA</td>
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<td>11:45 AM</td>
<td>1:15 PM</td>
<td>Haipei Shue</td>
<td>Pizza party: Future of UCA with President Haipei Shue</td>
<td>Presidential Suite</td>
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</table>
The Community and AAPI Youth Showcase is an exhibition of over 50 community organizations and youth groups from across the country. Each group will have information and in-person representatives to share more about their efforts and their organizations. We encourage you to check out as many groups as possible and connect with like-minded folks in the community.

**Community and AAPI Youth Organizations Showcases**

- **11:30 AM - 12:00 PM**
  - Fri July 15, 2022
  - Ambassador Room

- **3:15 - 4:30 PM**
  - Fri July 15, 2022

- **1:00 - 1:30 PM**
  - Sat July 16, 2022

**Exhibition & Silent Auction with UCA Youth Leadership Council**

The Community and AAPI Youth Showcase is an exhibition of over 50 community organizations and youth groups from across the country. Each group will have information and in-person representatives to share more about their efforts and their organizations. We encourage you to check out as many groups as possible and connect with like-minded folks in the community.
AAPI Youth Organizations

The MGH Center
for Cross-Cultural Student Emotional Wellness
Appreciation

2022 CONVENTION SPONSORS

UCA

Diamond Sponsor

Gene & Sharon Chang Family Charitable Fund
iHealth Unified Care

Silver Sponsor

Karina Hou
Duke Printing & FRI Future Reimagined Initiative
UCA Illinois
Helen Woo (Honorary Steering Committee Member)
The Le Family Foundation
Connie Jing Li
Mental Health Association of Chinese Communities
MHACC / Elaine Peng
Wine sponsor: 德宾
Dr. Bin Ran
Jimmy He

Gold Sponsor

Hong Liu / MAHA
Marathon Ginseng
Clinical Scholars
美华商联 (UCBP)
Powermax USA / Nerville Lin
Windfall Group (Eddie Ni)
Chicago Expert Importers (Linda Bi)

Bronze Sponsor

心悦汉语
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Alex Wang
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Evelyn Su
Qian Ge
Jessie Liang, Aijia Liang, Chung-Hao “Jonah” Liang and Family
Liang-Qi “Shelly” Yu, Tina Liang and Family
Ning Mosberger
齐飞
Steven Lin
Amsino (Richard Lee)
Guang Yang (NYC)
Leon Zheng and Family
Wenbin Lu

Friendship Sponsor

Veritas Education | Tech (Dr. Yuhsien Wu & Richard Wang)
Atlanta International Education Group
MX Finance
New Bright Law Group
US Education Without Borders
Jinhua Yang
UCA-MA (COVID supplies)
Aritas Collegiate Academy
Mayor Lily Lee Chen
Michelle Lau
Lee Deng
Wei Dong
Min Fan
Jessica Li
About MIFF

We aim to foster a community of free thinking filmmakers, those who are pushing the boundaries of sound and vision into a new frontier. We believe the world is ready for the reemergence of Art House films, and we bring distributors, filmmakers, media and fans together to achieve global awareness of this vital art form.

Chairwoman
Karina Hou

FUTURE REIMAGINED INITIATIVE

Education Empowerment for the younger generation

Our Goals:

- Supporting the next generation in education

Our Vision:

- To contribute to a brighter future in which all students have the resources needed for success.
Your Next Sourcing Solution Is Closer Than You Think

With 30+ years of importing experience, CEI has a proven record of service.

Chicago Expert Importers is a global sourcing and distribution company that import custom products from overseas for distribution within United States.

- We are a single point contact sourcing solution that provides:
  - Project management & engineering
  - Shipping, customs clearance and arrival notifications
  - 3PL Pick/Pack service
  - C-TPAT Certified
  - ISO/QS/TS/IATF certified factories
  - 120,000 square foot warehouse
About iHealth

As a pioneer of digital health from Silicon Valley, iHealth was founded in 2010 and launched the very first bluetooth connected blood pressure monitor that worked with iOS devices in the world. To date, iHealth has become one of the top global brands in digital health & wellness, and has established an ecosystem from its FDA approved, award winning consumer wellness product and connected medical devices, remote patient monitoring platform, to the innovative Unified Care model for chronic disease management.

Empower Self Health Management

COVID Test Kit
Thermometer
Glucometer
ECG Monitor
Pulse Oximeter
Blood Pressure Monitor

Empower Providers to Provide Better Chronic Care

- All-in-one remote patient monitoring solution and professional chronic disease management
- Proven clinical outcomes for hypertension and diabetes management

30.35% ↓ reduction of stage 2 HTN patients after 3 months
74.84% ↓ reduction in HbA1c poor control rate after 3 months (HbA1c > 9.0)
**UCA MILESTONES**

**2016-2022**

**SEP 2016**
Inaugural Chinese American Convention in Washington, DC

**MAR 2017**
UCA was incorporated in Washington, DC

**APR 2018**
First UCA board retreat held in Detroit, MI with CLUSA; and UCA organized multiple activities in support of Sherry Chen

**SEP 2018**
2nd UCA Convention successfully held in Washington, DC with an attendance of 450

**AUG 2019**
UCA’s SpeakUp! Campaign promoted an open, free academic exchange and innovation

**OCT 2019**
UCA joined efforts against S386/HR1044 immigration bills

**NOV 2019**
Members of the UCA community support Andrew Yang for president and other Asian American candidates for political offices

**MAY 2020**
UCA organized “Food of Love” national initiative during the pandemic with slogan “50 States, 100 Cities, One People United!”

**JAN 2018**
Jiaozi Festival initiative in San Francisco and Chicago

**2018**
Student Summer Civic Internship Program in Chicago and other cities with support from CLUSA

**2018**
Jiaozi Festival initiative in San Francisco and Chicago

**2019**
Members of the UCA community support Andrew Yang for president and other Asian American candidates for political offices

**2020**
Tri-Community Solidarity with Jewish and Black community leaders

**2020**
UCA Launches Tracy’s Guide to Help Combat COVID-19
UCA urges the White House to withdraw WeChat/TikTok ban and joined the successful lawsuit against it.

UCA WAVES was awarded the prestigious Robert Wood Johnson Foundation's Clinical Scholar Grant for promoting mental health.

Support of Dr Anming Hu, the first to go to trial under “China Initiative” in his legal battle.

Chinese Expulsion Remembrance and March for the Future held in Seattle with UCAWA.

3rd Chinese American Convention and Inaugural UCA National Youth Convention in Washington, DC.

2021 UCA Summer University successfully held: 150 Students, 100+ Capstone Projects, 6 Days of Online Lessons and Discussions.

2020
UCA WAVES was awarded the prestigious Robert Wood Johnson Foundation’s Clinical Scholar Grant for promoting mental health.

2021
Support of Dr Anming Hu, the first to go to trial under “China Initiative” in his legal battle.

2022
UCA “Concert in the Cloud” “Bukaopu” Lunar New Year online gala and North American talent show contest.

*Not to scale and not exhaustive; see next pages for more detailed accounts.
The inaugural Chinese American Convention marked the first milestone of UCA. It was held in Washington, D.C. on September 8-10. More than 400 community leaders, activists, grassroots volunteers and scholars from across the U.S. participated in this historical event.
UCA was incorporated

March 21, 2017
UCA was incorporated in Washington, D.C. on March 21. The 501 (c)(3) status was granted on December 21.

April 11, 2017
UCA issued its first public statement on the violence and wrongful action taken by the police from the Chicago Department of Aviation and the United Airlines at the O’Hare International Airport towards a Chinese American passenger and submitted the statement to a dozen congressional and government offices.

April 20-22, 2017
UCA convened its initial board at a meeting in Chicago on April 20-22, with the election of Mr. Haipei Shue as President and Professor Steven Pei as Chairman. Concurrently, UCA also held its first mental health forum attended by more than 200 people.

May 6, 2017
Organized by UCA, the special edition of the documentary, *The Chinese Exclusion Act*, co-directed by Rick Burns and Lin-Shin Yu, as part of the PBS "American Experience" series, was premiered for the Chinese community.

January 2018
Building on the successful Jiaozi parties in San Francisco and Chicago a year earlier to celebrate the Chinese New Year, UCA launched the Lunar New Year Initiative to make the Chinese festival a more meaningful holiday. More than 100 Chinese Americans organizations co-sponsored the initiative.
Call for Action and Statement

January 2018

UCA issued a statement on the comments made by U.S. Senator Rubio and FBI Director Wray that Chinese students and scholars are “national security threats.” 14 national organizations co-signed the letter initiated by UCA to demand a conference meeting with Wray. Furthermore, UCA issued a “Call for Action” to Chinese Americans.

UCA Organized activities in Support of Sherry Chen

April 2018

Sherry Chen won her case through the Merit Systems Protection Board (MSPB) against the government after a lengthy legal process.

An exclusive Interview: “Justice is Done, this is Our Victory!” [Need more clarifications here.]

UCA organized multiple activities in support of Chen, including protests at the federal courthouse in Cincinnati in February.

In June, UCA issued a statement to the U.S. Department of Commerce condemning its appeal of the MSPB’s ruling in the Sherry Chen case.
First UCA Board Retreat

April 20-22, 2018

The first UCA board retreat was held in Detroit, Michigan. UCA called on the Chinese Americans to seek common ground to build the community. More than 30 directors and community representatives from nearly 20 states attended the retreat. The event was supported by strong sponsorship from UCA's strategic partner, the CLF Foundation (now CLUSA), and local UCA members and friends in Michigan.

UCA 2018 Chinese American Convention in DC

September 27-29, 2018

Building a strong Chinese community, UCA 2018 Convention was successfully held in Washington, D.C. Nearly 450 community leaders, activists, volunteers, and scholars from most US states attended the convention.
2019

UCA joined efforts against the S386/HR1044 immigration bill which would harm the interests and immigration process of Chinese nationals.

“Speak-up” Campaign

2019

UCA spearheaded efforts to speak for Chinese American scientists and promote open, free academic exchange and innovation. In the “Speak-up Campaign,” UCA urged the US academic institutions to support Chinese American scientists. Many top US universities, including MIT, Stanford, Yale, Columbia, University of Michigan, University of California, etc. published statements in support of academic freedom and against isolation and discrimination.
Summer Leadership Programs for Students

2019

UCA (UCA-Illinois and UCA-Houston) organized summer leadership programs for Chinese American students to participate in leadership internships with government and NGO groups. CLUSA sponsored the programs.

UCA Members and Civic Engagement

2020 UCA and Civic Engagement

Members of the UCA community support Andrew Yang for president and other Asian American candidates for political offices.
UCA organized a “Food of Love” program to deliver foods for those on the frontline against the coronavirus pandemic. Chinese American organizations and individuals from 47 states and 130+ cities participated in this extensively covered national campaign by donating foods and medical supplies.
Amicus Briefs

2020
UCA provided amicus brief in support of international students to stay in the US as they continue their study during the Covid pandemic.

UCA urges the White House to withdraw WeChat ban

UCA Waves - Advocate of Youth Mental Health

UCA and award-winning scholars work together to improve Asian American mental health.

- UCA WAVES Mental Health project started in 2016
- WAVES Conducted Over 22 webinars conducted 2020-2022 addressing mental health needs during COVID - again, much significant effort.
- UCA WAVES was awarded the prestigious Robert Wood Johnson Foundation RWJF Clinical Scholar Grant in 2020. WAVES started Mental Health First Aide Training MHFA 2021
- WAVES started supporting "Silent War" Documentary Filming 2021

UCA Wins Prestigious Robert Wood Johnson Foundation RWJF Clinical Scholar Grant

UCA 获RWJF基金会资助启动“打破模范少数民族的沉默”项目
Impacts of the WAVES

Since 2016, WAVES has had **22** in-person conferences and webinars, with over **2400** national and global participants! A 7 session mental health track with 7 is held at the 2022 UCA Convention.

In response to the national mental health crisis during COVID-19 and Anti-Asian Hate,

- WAVES has hosted **10** MHFA trainings led by **8 certified** instructors, with **177** overall participants. Their research development team is evaluating MHFA advocacy and is cultural relevance.
- Working with an award winning Filmmaker, start to produce "Silent War; Asian American Recockings with Mental Health " documentary film.
- Develop a media library including **43** bilingual videos about Asian American Youth Mental Health, **2** short films/trailers, an online resource library, and a new bilingual toolkit on anti-Racism for Parents & Youth.
- **35** articles on WeChat blogs, with over **30,714** views.
- Published **10** OpEds in major US Newspapers.

Anti-Racism Protests

**2020**

UCA organized numerous protests against Senate Blackburn decrying her racist statements.
March 2021

Candlelight Vigil for Victims of Atlanta shootings. 100+ organizations in over 30 cities joined their voices against hatred and racism.

2021

UCA coordinated an effort by Chinese American community leaders to encourage writing opinion pieces for local and national newspapers on the topic of anti-Asian hate violence and racism.
After at least four years of investigations and trials, Dr. Anming Hu, a nanotechnology expert and a professor at the University of Tennessee, was acquitted by a federal judge. Dr. Hu was the first to go to trial under “the China Initiative.”

“We demand that the Department of Justice investigate misconduct by the involved government agencies, enact a moratorium on all pending cases of the China Initiative, and for the White House to terminate the China Initiative,” said UCA President Haipei Shue.

UCA provided web site for Covid relief actions of the Chinese American community. UCA published “Ms Tacy’s Guide for Family Protection” and called for photo competition.

2021

Chinese Americans and COVID-19 Relief

Contributions by Asian Americans in fighting COVID-19 Pandemic

Since the beginning of the outbreak in January, Asian Americans have been on the frontline combating the pandemic and protecting America. Not only we supported families and doctors in Asia, but also, we actively engaged in the local communities here to slow down spread of the virus to America in saving lives. Apart from Asian

Open Letter: Call for immediate reinstatement of Prof. Anming Hu’s tenure

July 1, 2021

Chancellor Donde Plowman
The University of Tennessee, Knoxville
Office of the Chancellor

2021

Chinese Americans and COVID-19 Relief

UCA provided web site for Covid relief actions of the Chinese American community. UCA published “Ms Tacy’s Guide for Family Protection” and called for photo competition.
UCA supports Congresswoman Grace Meng’s congressional bill to make Lunar New Year a federal holiday.
April 2022

UCA and Chinese American Community Supporting Professor Franklin Tao

“UCA has been in the forefront of fighting for Chinese American civil rights and equal treatment under law. Throughout, we believe cases like Prof Tao’s do not belong to the federal criminal court. And there have simply too many wrongfully charged cases, under or leading up to the China Initiative. We must fight for our constitutionally guaranteed rights. Your kind support for the Tao family will go a long way towards restoring fairness and equal treatment for our community. Thank you!”

In support of Prof. Franklin Tao

Feb 2022

UCA applauded the end of the China Initiative, calling for accountability under DOJ’s new guideline

Calling for Accountability re. China Initiative
This interactive session will focus on impacts of the double pandemic of COVID-19 and anti-Asian racism on mental health of AAPI communities and families. Panelists will share best practices of community-based education and culturally informed mental health support and engage and empower conference attendees to engage in mental health education and advocacy.

**DESTIGMATIZING MEDICATIONS**
**LGBTQ+ WORKSHOP**

This workshop will start with a skit to explore “coming out”, and the challenges that can arise in this process. A panel discussion will follow to explore stereotypes about LGBTQ+ identities, mental health concerns, and ways to be a supportive ally. Participants are invited to ask questions throughout the workshop.

**SILENT WAR SCREENING & PANEL DISCUSSION**
**SAMHSA WORKSHOP**

7/16 SAT | 10:15-11:45 AM (REGENCY ROOM)
After the “Silent War” screening, Substance Abuse and Mental Health Services Administration (SAMHSA) and their community partners will host a workshop to showcase SAMHSA's efforts in public health advancement and also highlight their work with local partners to address the mental health needs of AANHPI communities.

**BREAKING SILENCES: YOUTH MENTAL HEALTH & PARENT-CHILD COMMUNICATION**

This session will be led by Robert Wood Johnson Foundation Clinical Scholars' "Breaking Silences" team and will feature a panel discussion on challenges faced by AAPI youth and their increased mental health risks. This will be followed by an expert-led discussion on the importance of resilience and positive parent-child communication.

**COMMUNITY SHOWCASE**

Showcases will be presented from national and local nonprofit organizations regarding mental health education, trilingual services, innovative technology and apps, authors, University AAPI centers and researchers, advocacy groups, funding agencies and more.

**AAPI MENTAL HEALTH & ADVOCACY**

7/16 SAT | 2:35-3:50 PM (REGENCY ROOM)
This interactive session will focus on impacts of the double pandemic of COVID-19 and anti-Asian racism on mental health of AAPI communities and families. Panelists will share best practices of community-based education and culturally informed mental health support and engage and empower conference attendees to engage in mental health education and advocacy.

**SAMHSA WORKSHOP**

7/15 FRI | 8:00-8:45 PM (REGENCY ROOM)
After the “Silent War” screening, Substance Abuse and Mental Health Services Administration (SAMHSA) and their community partners will host a workshop to showcase SAMHSA's efforts in public health advancement and also highlight their work with local partners to address the mental health needs of AANHPI communities.

**UCA WAVE'S MENTAL HEALTH TRACK**

7/16 SAT | 1:00-1:30 PM (FORUM ROOM, YOUTH CONVENTION)
This interactive session will focus on impacts of the double pandemic of COVID-19 and anti-Asian racism on mental health of AAPI communities and families. Panelists will share best practices of community-based education and culturally informed mental health support and engage and empower conference attendees to engage in mental health education and advocacy.

7/15 FRI | 8:00-8:45 PM (REGENCY ROOM)
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7/16 SAT | 2:35-3:50 PM (REGENCY ROOM)
This interactive session will focus on impacts of the double pandemic of COVID-19 and anti-Asian racism on mental health of AAPI communities and families. Panelists will share best practices of community-based education and culturally informed mental health support and engage and empower conference attendees to engage in mental health education and advocacy.

7/15 FRI | 7:00-8:00 PM (REGENCY ROOM)
Join us for an exclusive 30-minute preview of Silent War: Asian American Reckonings with Mental Health by award-winning documentary filmmaker, Changfu Chang. The film will be followed by an engaging panel discussion including the director and interviewees from the film.

7/15 FRI | 11:30 AM- 12:00 PM; 3:15-4:30 PM | 7/16 SAT 1:00-1:30 PM (AMBASSADOR ROOM)
Showcases will be presented from national and local nonprofit organizations regarding mental health education, trilingual services, innovative technology and apps, authors, University AAPI centers and researchers, advocacy groups, funding agencies and more.

7/16 SAT | 4:00-5:00 PM (CALVERT ROOM)
Join us for a discussion on prescription of psychiatric medications, led by psychiatrists who work with adults and children, community leaders, and those with lived experience as patients navigating the mental health system.
"SILENT WAR" SCREENING

Friday, July 15th | 7:00-8:00 PM (Regency Room)

Join us for an exclusive preview of *Silent War: Asian American Reckonings with Mental Health*, by award-winning filmmaker, Changfu Chang. The film will be followed by an engaging discussion including the director, Dr. Chen, and interviewees from the film.

**Allison Connelly | Session Chair**

Allison Connelly is a student at Millersville University currently studying media arts production and graphic communication technology. In conjunction with being the assistant director on *Silent War*, she is a writer, freelance photographer and an outspoken mental health advocate.

**Changfu Chang | Film Director**

Changfu Chang, PhD, is an award-winning documentary filmmaker. Many of Changfu’s films center around issues unique to navigating Asian American identity and have been shown on PBS, National Geographic Television, Canadian Television, Japanese Television, German Television, BBC, Chinese Television, as well as in film festivals.

**Justin Chen | Moderator & Psychiatrist**

Justin A. Chen, MD, MPH, is Medical Director of Ambulatory Psychiatry Services and Co-Director of Primary Care Psychiatry at Massachusetts General Hospital (MGH). He is also the Director of the MGH Center for Cross-Cultural Student Emotional Wellness and the Co-Director of Medical Student Education in Psychiatry at Harvard Medical School. He specializes in the treatment of adult mood and anxiety disorders and is dedicated to teaching and mentorship.

**Sandy Chen | Youth Ambassador**

Sandy Chen currently studies social work and psychology at UMBC. Her battle with mental illness is featured in *Silent War* and has spent the past several years working with organizations like the National Alliance on Mental Illness (NAMI) and United Chinese Americans (UCA) to advocate for mental health awareness.

**Elaine Peng | NAMI Chinese & MHACC Founder**

Elaine Peng is the founder of Mental Health Association for Chinese Communities (MHACC), otherwise known as NAMI Chinese. She is a renowned mental health advocate and educator in the United States, compelled by her and her family’s own struggles with mental health, which is covered in *Silent War*.

**Vincent Tu | Certified Counselor**

Vincent is a National and California state certified counselor who works in the emergency department funded by a grant through the state of California. Being a formally incarcerated individual, Vincent gives personal insights on the struggles with finding his identity from childhood and throughout incarceration.
Join the Change
Scan to Donate
silentwarmovie.com

Silent War
ASIAN AMERICAN RECKONINGS
WITH MENTAL HEALTH

A film by Changfu Chang

There is a crisis in our community—and we need to talk about it.
SAMHSA WORKSHOP: FEDERAL RESOURCES AND LOCAL STRATEGIES ON ADDRESSING MENTAL HEALTH NEEDS OF AANHPI COMMUNITIES

Friday, July 15th | 8:00-8:45 PM (Regency Room)

Join us after the Silent War screening for a special workshop hosted by Substance Abuse and Mental Health Services Administration (SAMHSA) and two of their community partners. This mini session will provide an introduction to SAMHSA, the agency within the U.S. Department of Health and Human Services (HHS) that leads public health efforts to advance the behavioral health of the nation and also highlight the agency’s collaborations with local partners on addressing the mental health needs of AANHPI communities.

Sonya Zhu | Session Chair & Moderator
Sonya Zhu, MPP, MPH, works at the Center for Consumer Information and Insurance Oversight, within the Centers for Medicare & Medicaid Services (CMS). At CMS, Sonya works with states on Affordable Care Act (ACA) health insurance reforms. She is also the Chairperson of the agency’s AANHPI Employee Resource Group.

Tenly Pau Biggs | SAMHSA
Tenly Pau Biggs, MSW, LMSW, is the Grants Coordinator for the Center for Mental Health Services at SAMHSA. She is the lead for the disparity impact statement and strategy work pertaining to the access, service use, and behavioral health outcomes of discretionary grants at SAMHSA. She is a member of a workgroup dedicated to implementing the HHS response to the Memorandum on Condemning and Combating Racism, Xenophobia, and Intolerance Against AAPI in the US. Tenly is also a licensed social worker and a Returned Peace Corps Volunteer who served in Niger.

Perry Chan | SAMHSA
Perry Chan is a Public Health Advisor at SAMHSA’s Office of Behavioral Health Equity (OBHE). He leads a policy-driven initiative that aims to build capacity, increase the visibility, and highlight the unique role of CBOs serving under-resourced communities in behavioral health. Prior to joining SAMHSA, he spearheaded efforts in the overall management of the AAHI. As the Program Manager, he provided executive leadership on strategic planning, implementation, evaluation and administrative duties of AAHI’s programs.

Kate Lu | Chinese Culture and Community Service Center (CCACC)
Huixing (Kate) Lu is the Director of CCACC Health Center, a community health center clinic to address a person’s bio-psychological-social needs. As a Licensed Clinical Social Worker, she also provides counseling services to address mood disorders, adjustment issues and support for caregivers of children with special needs and dementia patients.

Sanjana Quasem | Asian American Health Initiative (AAHI)
Sanjana Quasem is the Outreach Program Coordinator for the AAHI. The AAHI is a part of the Department of Health and Human Services (DHHS) in Montgomery County, Maryland. She oversees the Health Promoters Program and serves as a liaison between AAHI and community leaders. She is an active member of the Muslim American community and has experience in outreach, youth education, and event planning. In addition she has a strong interest in health disparities and community development.

Sonya Zhu, Tenly Pau Biggs, Perry Chan, Kate Lu, and Sanjana Quasem are all experts in their respective fields and will be leading the workshop. The mini session will provide a comprehensive overview of the federal resources and local strategies available for addressing mental health needs of AANHPI communities.
BREAKING SILENCES: YOUTH MENTAL HEALTH & PARENT-CHILD COMMUNICATION

Saturday, July 16th | 10:15-11:45 AM (Regency Room)

This session will feature a youth and parent panel discussion on the specific challenges faced by AAPI youth and their increased risks for mental health difficulties, as well as an expert-led discussion on the importance of resilience and positive parent-child communication. Session will also include a youth panel featuring students who will speak about their experiences growing up Asian American and the importance of family communication on stress and mental health.

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**GROUP A: ROBERT WOOD JOHNSON FOUNDATION CLINICAL SCHOLARS TEAM**

**Juliana Chen** | Session Co-Chair, Moderator & Child Psychiatrist
Juliana H. Chen, MD is a child and adolescent psychiatrist at Massachusetts General Hospital (MGH) and Newton-Wellesley Hospital (NWH), and a clinical instructor at Harvard Medical School. She serves as Associate Director of the MGH Center for Cross-Cultural Student Emotional Wellness and has special interest in supporting Asian American students and families.

**Weiyang Xie** | Session Co-Chair & Clinical Psychologist
Weiyang Xie, PhD is an Assistant Professor of Clinical Psychology at the Department of Psychiatry at the University of Illinois Chicago. She worked as the Clinical Psychologist & served the Chair of Diversity, Equity and Inclusion Committee of the Health & Wellness Unit at the University of Notre Dame, IN. She also serves as a consulting psychologist for UCA WAVES Program for Asian American youth mental health.

**Justin Chen** | Psychiatrist
Justin A. Chen, MD, MPH, is Medical Director of Ambulatory Psychiatry Services and Co-Director of Primary Care Psychiatry at Massachusetts General Hospital (MGH). He is also the Director of the MGH Center for Cross-Cultural Student Emotional Wellness and the Co-Director of Medical Student Education in Psychiatry at Harvard Medical School. He specializes in the treatment of adult mood and anxiety disorders and is dedicated to teaching and mentorship.

**Jian (Lily) Chen** | Nurse Educator
Jian (Lily) Chen, MA, RN, CNE, is a lecturer at North Carolina Central University Department of Nursing. She is a certified Mental Health First Aid (MHFA) instructor. Lily is a community organizer and has published multiple OpEds that have been featured in major US news outlets. Lily is UCA WAVES Project director, Senior advisor and previous Executive Director of UCA, and the founding President for UCA Illinois Chapter.

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**GROUP B**

**Bonnie Liao** | Social Worker & Parenting Educator
Bonnie Liao, PhD, MBA, is the founder of two nonprofit schools and two nonprofit summer programs. She has served as the general advisor since 2004 for the PCE (Parents and Children Education) Club, a parenting group in New Jersey. Bonnie has been giving EQ Parenting talks and conducting youth leadership trainings nationwide. Her professional interest is mental and behavioral health for youth and families. In 2019, she became a licensed social worker in clinical psychological counseling.
This interactive session will focus on impacts of the double pandemic of COVID-19 and anti-Asian racism on mental health of AAPI communities and families. Panelists will share best practices of community-based education and culturally informed mental health support, and engage and empower conference attendees to engage in mental health education and advocacy.

**Xiaohong Gao | Session Chair**
Xiaohong Gao, PhD, is an educational measurement professional trained in education, psychology, and psychometrics, with over two decades of technical and leadership roles. Since 2016, Xiaohong has consulted on program evaluations, developed surveys, and conducted statistical analyses for UCA. She currently leads the Research and Development team for UCA WAVES.

**Daphne Kwok | Moderator**
Daphne Kwok is the Vice President of Diversity, Equity & Inclusion, Asian American & Pacific Audience Strategy at AARP. Her work empowers AAPI to choose how they live as they age. Among her many accomplishments, she was appointed by President Barack Obama in 2010 to chair his Advisory Commission on AAIs.

**Jian (Lily) Chen | Nurse Educator**
Jian (Lily) Chen, MA, RN, CNE, is a lecturer at North Carolina Central University Department of Nursing. She is a certified Mental Health First Aid (MHFA) instructor. Lily is a community organizer and has published multiple OpEds that have been featured in major US news outlets. She is also the UCA WAVES Project director, Senior advisor and previous Executive Director of UCA, and the founding President for UCA Illinois Chapter.

**Hong Liu | MAHA Executive Director**
Dr. Hong Liu is currently Executive Director of the Midwest Asian Health Association and is a well-recognized community leader dedicated to public health and charitable missions. She is among the funding members of three non-profit community-based organizations and works diligently toward improving the health and quality of life for AAPI populations.

**Dr. Bei Wu | Research Director**
Dr. Bei Wu is Vice Dean for Research and Dean’s Professor in Global Health at the NYU Rory Meyers College of Nursing. She is also a Co-founder of the NYU Aging Incubator, a university-wide aging initiative. Currently, she is leading a NIH funded Asian Center for Health Promotion and Equity.

**Elaine Peng | NAMI Chinese & MHACC Founder**
Elaine Peng is the founder of Mental Health Association for Chinese Communities (MHACC), otherwise known as NAMI Chinese. She is a renowned mental health advocate and educator in the United States, compelled by her and her family’s own struggles with mental health, which is covered in Silent War.
DESTIGMATIZING MEDICATIONS
Saturday, July 16th | 4:00-5:00 PM (Calvert Room)

Join us for a discussion on addressing the prescribing of psychiatric medications, led by psychiatrists who work with adults and children, as well as community leaders and those with lived experience as patients navigating the mental health system.

In addition to a Q&A panel, we will be addressing the following:
- How do we think medications work?
- How long do medications take to work and what happens if a certain medication is not effective?
- Factors behind treatment outcomes?
- Addressing common stigmas around taking medications.
- Who should I talk to about prescribing medications?

Sen Xu | Session Chair & Moderator
Sen Xu, MD, is currently a staff psychiatrist at Brigham and Women’s Hospital with affiliation at South Cove Community Health Center. He is committed to help de-stigmatize mental illness in the Asian-American community, and to be an active voice in addressing racial inequity, social stigmatization, and systemic discrimination.

Janie Cao | Child Psychiatrist
Janie Cao, MD, MPH, was born in China and immigrated to the U.S.A. as a child. Her early personal experiences with acculturation and Christian faith have grounded her in values of altruism, diversity, equity and inclusion that have shaped her academic and professional trajectory. She is excited to be here representing Yale CHATogether.

Jessica Ouyang | Child & Adolescent Psychiatrist
Jessica Ouyang, MD, is a child & adolescent psychiatrist at MedStar Georgetown University Hospital. Her clinical work involves integrated mental health care in primary care pediatrics and obstetrics/gynecology. She is also a fellowship-trained perinatal/reproductive psychiatrist from Brown University/Women & Infants Hospital of Rhode Island.

Ren Li | Parent Ambassador Lead
Ren Li, MBA, Youth Life/Career Planning Specialist and Educator. She founded Cornerstone Education to provide education consulting and services to international students. She is a member of American School Counselor Association and Association of International Educator. She serves as former President and founding board member of UCA IL, Council Member of Cook County 4H, board member of Center for Future Innovators. She has been serving the WAVES Parent Committee to promote mental health for Asian youth.

Tianyao Tim He | Youth Ambassador
Tianyao Tim He is a 1.5 generation Chinese American. He worked as a Project Coordinator for the Robert Wood Johnson (RWJF) Clinical Scholars Project “Breaking Silences in the Model Minority” and began his MLA with a concentration in Psychology through Harvard Extension School.
This workshop will start with a skit to explore “coming out”, and the challenges that can arise in this process. A panel discussion will follow to explore stereotypes about LGBTQ+ identities, mental health concerns, and ways to be a supportive ally. Participants are invited to ask questions throughout the panel discussion. A general Q&A will conclude the workshop.

**Session 4**
**LGBTQ+ WORKSHOP**
**Saturday, July 16th | 3:15-4:30PM (Forum Room)**

Jessie Li | Session Chair & Moderator
Jessie Li, UCA WAVES Coordinator, is currently pursuing her Master’s in Counselling Psychology at Adler University. She is passionate about mental health literacy, reducing mental health stigma, and fostering resilience. She aims to support AAPI communities and other marginalized groups, and advocates for the importance of intersectionality within mental health works.

Grace Chan McKibben | Parent
Grace Chan McKibben is Executive Director of Coalition for a Better Chinese American Community, a policy and advocacy organization based in Chicago’s Chinatown. She is a well-respected leader in Chicago and Illinois and has held senior leadership experiences in higher education, government, corporate, consulting, and social services.

Serena Chen | Psychiatrist
Serena Chen, MD, completed her medical training at Western Michigan University Homer Stryker M.D. School of Medicine. She then moved to Boston for her psychiatry residency at Harvard South Shore, where she also served as the Chief of Wellness. In addition to her psychiatric training, she trained at the Boston Psychoanalytic Society and Institute as a fellow. She is passionate about advocacy and is a psychiatric consultant for UCA WAVES.

Jenny Deng | Youth
Jenny Deng is a rising high school junior from Chicago currently living in Texas. She is an aspiring writer with enough years of classical piano to meet Asian parent expectations (though her love for Debussy is entirely of her own free will). She is passionate about AAPI and LGBTQ+ issues and representation, youth mental health advocacy, and political literacy and participation.

Jason Li | Editor
Jason Li is a medical student at Harvard. His interests lie in mental health, race and medicine, and health equity and justice. During his college years at Stanford, he served as a Northern California Ambassador to the White House Initiative on AAPIs, and wrote and performed in culturally tailored, theatrical mental health workshops for Asian American families with Stanford CHIPAO (Communication Health Interactive for Parents of Adolescents and Others).

Jennifer Tu | Editor
Jennifer Tu, MD, WAVES Psychiatrist Consultant and previous WAVES Coordinator, is a graduate from the Duke School of Medicine. She is currently completing her psychiatry residency at UCLA. Jennifer grew up hearing about her parents’ stories of survival and has worked towards reconciling their tales of loss, immigration, and resilience with her own. She is committed to promoting mental health and wellness, addressing transgenerational trauma, and advocating for antiracism.
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Appendix 1: UCA Milestones
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